

**THE SECRETS TO
INCREASING
YOUR
POWER, WEALTH AND HAPPINESS**

or

**How to Unleash the Champion
Hidden Within You**

BOOK ONE

of

THE ZONES OF LIFE SERIES

by

ALAN C. WALTER

After less than one hour of Alan Walter's effective coaching, and one of his training courses that I took in December of 1995, my income went from \$150 000 to nearly \$300 000 by the end of the following year.

Since that time I have invested in coaching and training services, and that has yielded me just over \$5 million Dollar return.

Daniel Barber
President and CEO
Niche Technology

I came across The Secrets to Increasing your Power Wealth and Happiness some three years ago, and the first thing I wanted to do is to meet Alan C. Walter.

I thought this was an amazing book and it totally indicated for me, and I came to Dallas, and basically booked immediately on one of his courses from that book.

What I realized is over a period of time is to keep floating back to the book and taking a look at it and getting more gains from it myself, every time I read it. Particularly, there's one part of it that talks about Life Force Particles, which is basically your energy.

My knowledge expanded immediately reading this book, because simple stories of his life triggered magical moments in mine, it also created awareness, in moments I needed more knowledge and realized that I should find out more about myself.

Karren Brooks
President and CEO
London Leadership Centre
England

The Secrets To Increasing Your Power, Wealth, And Happiness is a fabulous book. While it is hard to ascribe a life changing power to an object made of ink and paper, the information in it really helped me to articulate what I probably knew all along anyway. But if I couldn't define it, I couldn't knowingly use it effectively. The doors that have been opened since I first read it have vastly improved my relationships on both a personal and professional level and greatly increased my prosperity.

Thomas Diakun, MD

I retired from a long, successful business career a few years ago and wasn't quite sure what I wanted to do next. The one thing I didn't want to do was to stop pursuing my Major Goals in life.

That's why I greatly appreciate the book entitled "The Secrets To Increasing Your Power, Wealth, and Happiness". I can promise you that, if you read this book, you will definitely not "retire" from life. Instead, you will have a new lease on it. I have certainly found that to be the case.

It's a modest sized book, but it covers an amazing Spectrum. Over and over, I've seen friends and family read it to just attain more material success. They gain that success, but they seem to expand in "Spiritual" qualities also. Even so, this in no way could be considered to be a "religious" book! As I stated, it covers an amazing Spectrum. Read it and you'll see what I mean. Then re-read it. It can be read over and over, always with new insight.

Suggestion: Be sure and take special note of "The Ability Paradigm".

Charlie Dunn

Note:

Any comments or suggestions you have regarding the material in this book, or any information or stories that you feel should be included in the next of this series will be gladly accepted. Please send them to the publisher at the address below.

While reading this book, if you come across a word or term you do not fully comprehend, be sure to get it defined by referring to the glossary in the back of the book, or looking it up in a good dictionary.

FIFTH PRINTING – OVER 20,000 COPIES SOLD

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**Without sufficient personal power and energy you
cannot fully optimize or honor:**

Your Self.

Your Perceptions.

Your Creations.

Your Dreams.

Your Visions.

Your Promises.

Your Word.

Your Relationships.

*"Great spirits have always encountered
violent opposition from mediocre minds."*

Albert Einstein

PREFACE

*"A Prime Dream for a Life is the basic fortune worth finding;
It is not found elsewhere - but emanates deeply from within the core of self."*

Alan C. Walter

OPTIMIZE YOURSELF,
OPTIMIZE YOUR THOUGHT'S,
OPTIMIZE YOUR POWER,
OPTIMIZE YOUR RELATIONSHIP'S,
OPTIMIZE YOUR LIFE!

This book is about how to begin to optimize yourself, your thoughts, your power, your relationships, your life and those you are connected to.

To live an optimized life you need the ability to own or have unlimited available safe spaces or locations, unlimited available time, unlimited available energy and finances, unlimited available material objects.

Where could you see yourself living if you could live anywhere in any space or location?

What could you see yourself being if you if you had unlimited available time?

What could you see yourself doing if you had unlimited available energy and finances?

What could you see yourself owning or having if you could have unlimited available material objects?

The key to the above is having the available power and energy to make the above become an actuality.

This book is about unlocking that hidden power and energy that you have locked away inside yourself.

To do this you need the knowledge of what your true personal power is composed of, and how it gets dissipated. Knowing this you can recover your full power.

One of the biggest challenges of being motivated to improve self, to lead, to get better, or to be self-employed is actually being **alone**.

You are alone with your thoughts for the majority of time and, sometimes, to your own and others detriment.

Our Thoughts create and predetermine the life we live, the environment we live in, our careers, the quality of relationships we engage in, the levels of power, wealth and happiness we are willing to experience or can have for ourselves or others.

You can change your life for the better by changing and upgrading your thoughts and recovering more of your true power.

Here's what we mean:

Everything created by man in this world once started with a single thought.

Look around you right now. Everything in the room you are in, including the chairs, tables, even the Pyramids, the Empire State Building, Jumbo jets, the roads you drive on, the house you live in, etc., were once just a thought in someone's head.

Recognizing and taking responsibility and ownership for the fact that we are endowed with this gift, this power of creating thoughts, we are able to mold our own lives and create our destiny.

Our lives today are the direct result of our past and present thoughts, feelings, words, emotions, and desires. Any time we don't like something in our lives, we can acknowledge that our past thoughts might have had something to do with this.

Once we understand and take responsibility for the fact we have created or contributed to creating everything in our life, good and bad, we realize that we also have the power to change anything in our life by merely changing our thoughts.

Thoughts create Energy

When we create a thought; it is telepathically projected into the universe at a certain rate of vibration. Thoughts are also magnetic and attract energy of the same vibration. This is the universal 'Law of Attraction'. Choose your thoughts well; 'Like attracts like'.

In the 1930's, Napoleon Hill wrote in his famous book, Think and Grow Rich, that during his interview with Andrew Carnegie he stated '**thoughts are things**' and that '**whatever the mind of man can conceive and believe, he will**

achieve.' Thus it is obvious **“How you think will predetermine your future and whether you will grow rich or poor.”**

Consequentially do you.....

Non- Optimally think and grow POOR! (*Example: “Nothing I do goes right,” – “I’m not worthy,” – “What if I fail or make a fool of myself?”*)

Or do you.....

Dichotomously think and grow POOR? (*Example: I must have that - I can’t have that, - should do this, shouldn’t do this, - I need to do this now, no, I’ll put-off doing this.*)

Or are you.....

Conflicted in your thinking and grow POOR? (*Example: “How do I trust them?” “What if I let everyone down?” – “Do I deserve this?” – “What if I mess-up or do the wrong thing?”*)

Or do you.....

Not think and grow POOR? (*Example: “Most people spend more time in planning their vacation, than in planning their life.”*)

Or worse do you.....

Belong to an Abuser, a Cult, or a Gang or live in a Welfare State that thinks you are so stupid that they have to think for you and you would be an enemy if you had an independent thought - consequently you and everybody grow POOR?

Or do you consistently.....

Optimally think and grow RICH?

The *Prime Dream for your Life* is the most optimum powerful driving force that guides and pushes you forward – even if it is unknown, buried or hidden from your view.

Should the *Prime Dream for your Life* be fully known and the counter-forces, upsets, oppression and invalidation be removed – then the vast vision it is capable of creating can be restored to a full holographic image.

This restoration action will produce an almost instant ascension experience that can cause vast upgrading changes in your Life - leading you to experience awesome increases in your Power, Wealth and Happiness - that are breathtaking.

Finding and knowing what is your Prime Dream is by far the most important action you can do to optimize your thinking and life. From doing this you will emanate and recover your hidden, and restrained abilities. Once this occurs, you now can allow yourself to create greater quantities of Power, Wealth and Happiness.

My name is JL Lewis; I'm a PGA Tour golf professional. Next year will be my 9th year on the PGA Tour plus 1 year on the NIKE tour so it's my 10th year in a row playing professional Golf for a living. I came into contact with Alan's technology about 10 months ago and I've had a great number of wins this year.

My first impression of reading The Secrets to Increasing your Power, Wealth and Happiness, was the Zones and the way they identified certain people. It was very obvious to me that it was correct information and that there was not anything in there that was hokey it was all very factual and it was all right to the point.

I've probably read the book 4 times, and then I've picked it up and looked at different parts of it probably 20 other times, you know where I'll just have it and I'll read Green Zone behavior or I'll read Gold Zone behavior, and try to get myself into that Zone.

Every time I read the book it helps a lot. I think you should probably read it a lot more times than what I have, I need to read it again, I don't think you can read that information enough really. It made a lot of sense to me that I'd had times in my life where I knew I was in the Green Zone for very short periods of time, but could not sustain it for whatever reason.

I took the Life and Skills Analysis and that was a big eye opener for me because I was not green zone in every area, I was probably like any normal person would be, I was up and down on the zones. I then did some of Alan's work and redid the tests and then I was green zone all the way, which was then proof to me that it really does work. Plus I felt a lot better, and I immediately started having some huge wins right after that.

My winning stats was \$957 000 for 2002, and this year it was \$2 040 000, so I basically doubled my stats, and I did not actually start working with Alan's technology until the year was about a third over. I probably more than doubled my stats I'd say two thirds better after I started with Alan's work versus before that. Which at this level adds up to millions of dollars, so it was a huge thing for me to do, and it just made it a lot easier for me to perform at a higher level and sustain it.

JL LEWIS
PGA TOUR GOLFER

THE FORMULAS OF WORLD CHAMPIONS

Probably the reason you are reading this book is because you would like to increase your power, wealth, and happiness. And if you are a good person, you would like to help all those around you increase **their** power, wealth, and happiness.

This book is about a discovery that has taken more than fifty years to isolate.

This discovery will change the face of leadership, management, marketing, education, morality, honesty, and the relationships of people, towns, cities, states, and countries and how everyone will relate and behave toward each other.

Those of you who master the secrets contained in this book will be much sought after and will be offered huge sums to pass on this knowledge.

You will become the leaders of a new tomorrow.

You could contribute to helping end the wars, the insanities, the madness, the torture, and man's inhumanity to man.

You could contribute to enhancing and leading mankind to a new dynamic level of enlightenment and accomplishment.

It will be a difficult job but, boy, will it be **worthwhile!**

HOW THIS BOOK HAPPENED

This book came into existence in my mind long before I wrote it.

It stemmed from a series of events and people that gave me the answer to my question, "**How did they become world champions?**"

The first world champion that I met was a football teammate of mine in Queensland, Australia in 1959.

He was the World Champion Sea Bass Fisherman.

"How did you become a World Champion?" I asked him one day while we were running around the ground together to warm up and loosen our muscles before practice.

"The dream and intention to become the World Champion Sea Bass Fisherman," he answered. "The dream, intention, vision, and a lot of practice, practice, practice until I had mastery and could demonstrate competence."

I acknowledged his answer, but I didn't know what the hell he was talking about. **Dream, Intention and Vision** were not part of my vocabulary at the time.

Later that year, I formed a company that included Frank Sedgman, a Wimbledon Champion, and one of the greatest tennis champions in Australian history.

"How did you become the greatest tennis player in the world?" I asked him as we were having lunch one day.

"The Dream and intention to become the greatest tennis player in the world, plus vision, and a lot of practice, practice, practice until I had mastery and could demonstrate competence," he answered.

There were those words again – **Dream, Intention and Vision!**

And I **still** didn't know what they meant.

Practice, practice, practice I understood, for it progresses you toward fitness, knowledge, skill, and mastery over your subject.

Frank Sedgman owned a fitness club called Findlay's Gym and almost anyone who was, at that time, a world-class athlete trained at or visited the club.

Frank introduced me to several of these world champions. We became fairly friendly and often helped each other work out.

To each of these world champions I asked my question, "How did you become a world champion?" Their answers, in essence, were as follows:

Ron Clarke, holder of twelve world long-distance running records: "Dream, intention, vision, and lots of training and practice, practice, practice until I had mastery and could demonstrate competence."

Herb Elliot, World Mile Record holder: "Dream, intention, vision, and lots of training and practice, practice, practice until I had mastery and could demonstrate competence."

Margaret Smith, six-time winner of Wimbledon's Women's Title: "Dream, intention, vision, and lots of training and practice, practice, practice until I had mastery and could demonstrate competence."

Arthur Spence, Australian Open and post-World War II golfing champion: "Dream, intention, vision, and lots of training and practice, practice, practice until I had mastery and could demonstrate competence."

Lionel Rose, World Bantamweight Boxing champion: "Dream, intention, vision, and lots of training and practice, practice, practice until I had mastery and could demonstrate competence."

I have interviewed billionaires, N.F.L. stars, and Academy Award winners. All followed a similar sequential process; a **dream, intention, vision, and lots of training and practice until they had mastery and could demonstrate competence.**

Definitions:

CHAMPION: *n.* One who makes their dreams and intentions an actuality by demonstrating mastery, competence, creativity, responsibility, ownership, and control over a specific area, endeavor, or subject.

DREAM: *n.* 1. An aspiration; ambition; a wild fancy or hope. 2. A series of thoughts, images, ideas and emotions occurring during sleep. 3. A visionary creation of the imagination. 4. A strongly desired goal or purpose; an aspiration. 5 Something that fully satisfies a wish. The Dream is the intention, the goal, the

purpose, the target, the mission. This is the future wants projected from now. This is what drives you forward. It is the mission statement, what you want out of your life, the optimum scenario or goal that is vital to focus your life-force particles.

INTENTION: *n.* The determination to act in a particular manner. Purpose; design; aim; goal; dream.

VISION *n.* 1. Intelligent foresight. 2. The manner in which one sees or conceives of something. 3. An image produced by the imagination. 4. Force or power of imagination. 5. Imaginative foresight. 6. An image of a potential future.

The Vision is the BIG picture. This is how your life, environment and those connected to your dream and intention will optimally appear and operate in the physical universe as you approach the dream and intention's completion.

The vision is the software for the mind.

The mind is just a machine.

Thus, it is the vision software that needs optimizing by holographically defining, clarifying and enhancing.

The vision software is not the mind; it tells the mind what to do, where to focus, what data it wants.

The vision software for the mind is the Three-Dimensional, Holographic VISION.

The Three-Dimensional, Holographic VISIONS are created by you, the Spiritual Being, via your dreams and intentions.

The intention is the on switch that takes the dream and vision and places it into the physical universe via the mind and body in order to bring the dream and vision into actuality.

The Spiritual Being energizes the Three-Dimensional, Holographic VISION by adopting a mood level which in turn will activate what level of mind that can run at the energized velocity.

Mood and action velocity will show up by class of locations, size of game, and quality of people, contacts, connections and communication lines in the physical universe. For example, if you are using the super-conscious mind you will tend to operate in high class locations and size of games, and connected to high quality people, contacts and communication lines.

If you are stuck in a loss you will find yourself activating a much lower mind thus finding yourself compulsively attracted to a much lower class of location, smaller games, ineffective people, contacts and poor or no connections to others, thus, you are falling down the communication lines of life.

Control of Three Dimensional Holographic VISIONS gives control over your five minds and body; it is also the basis of spiritual sanity. To facilitate control of VISION it is vital that you have full scales spectrum control over you ability to create moods.

A mood positions and energizes the VISION.

MOOD: *n. l.* The state of mind or feelings stemming from one's emotional condition. By observing the attitude and emotional state of someone it tells you what mood they are in.

The position one takes and emotional level that one uses to get things done to perform his or her role. The motion velocity at which an individual operates chronically.

Mood is the state of mind or feeling stemming from the flow of life-force particles through one's paradigm matrix.

MOODS: Love and hate are both extreme moods. Moods are the glue that binds relationships by their degree of ownership and monitoring activities over motion. Moods are emotions. E-motions are E, for effort or energy, and motion, movement. Therefore, love and hate have to do with motion. They are types of motion, in conjunction with how much ownership you allow yourself.

PRACTICE: *v.* To do or perform something repeatedly in order to acquire or polish a skill and attain mastery.

MASTERY: *n.* Full command of a subject of study that can be manifested in life by superb demonstration of competence.

MASTERY ATTAINMENT: To MASTER ANY SUBJECT one has to master the parts.

The mastered parts meld together to make a MASTER OF A SUBJECT.

THIS IS THE SECRET THAT HAS MADE EVERY GREAT PERSON GREAT AND HAS PRODUCED MASTERPIECES.

They mastered the parts and thus were able to master the whole.

INTEGRITY is caused by mastering the parts.

The term that defines a great work of art, writing, music, craft, or superlative action is called a MASTERPIECE.

A MASTER-PIECE is of mastered pieces.

So the basic step of mastering anything is to break it down into its pieces or parts. Then study and practice with each piece or part until mastery is attained.

Take the great master painters of the Renaissance: Raphael, da Vinci, Michelangelo, etc. These great artists served long apprenticeships learning to make their own paints, brushes, and canvasses. They did such arduous and menial tasks as sweeping out the studios, getting the food and running errands, carrying out garbage and disposing of excreta. They learned to market their paintings and get sponsors as well as learning the skills of their art. So masterful were they at doing all these pieces that their masterpieces have lasted hundreds of years.

COMPETENCE: *n.* Demonstrable possession of a high quality and a high degree of excellence, ability and skill.

As you read this book, what is your intention for reading it?

Until you master the concepts within this book, you will not be able to create accurate, effective visions.

To what level of reading will you take it?

Will you read it, reread it, and reread it fifty or more times until you achieve mastery and can demonstrate competence?

Will you just **sort of** read it, shrug, and go on by words you don't comprehend? Or will you attempt to master it and look up the non-comprehended word in a dictionary?

You may be like most people, somewhat functionally illiterate, devoid of any attention span and not be able to read it at all because you quit at the slightest distraction and demonstrate only *incompetence*.

You see, those world champions, though they gave the exact formula for how to become a world champion at anything you choose to master, **they left out one vital ingredient.**

This book is about **that vital ingredient**.

The **missing vital ingredient** is WHY our education system is failing. It is WHY our jails are overflowing; WHY our sales forces cannot produce.

It is WHY there are over thirty-million people who suffer from depression; WHY the divorce rate is so high; WHY there are so many people in co-dependent relationships; WHY people take drugs and alcohol.

It is WHY MOST do not achieve their intentions, dreams, or goals.

The subject that this book addresses is vital if you want to attain success, power, prosperity, wealth, and happiness.

The biggest problem that will manifest as you read this book is your own subject illiteracy and lack of vocabulary.

Whatever you do, **do not go past a word you do not comprehend**. If you are in any doubt as to the meaning of a term or word, go immediately to a dictionary and define the word or words.

Non-comprehended words activate the negative aspects of life and you can very easily end up hating the material, feeling dispersed, or even completely rejecting the subject of this book.

Over a period of time this book should be read fifty or sixty times. As you acquire the knowledge from this book make sure you put it into practice in your life.

Each time through you will gain more ownership, more responsibility, more control over your life. As this occurs, some very miraculous and magical events will take place in your life.

You will find yourself ascending the Zones of life; good luck will be the norm; your size of wins will become greater and greater; your prosperity, successes, and happiness will expand greatly.

Life will become fun.

If you run an organization, or are part of a group, make sure everyone has their own copy of this book.

I welcome you to a new adventure and look forward to meeting you in the near future.

Happy and prosperous reading!

Alan C. Walter

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*"Life is lived at many levels. Lived in false levels,
you will be in miseries, pains, and poverties.
Lived in the true level, you will experience
joys, pleasures, and richnesses."*

Alan C. Walter

DEFINITIONS OF THE ZONES OF LIFE

RED ZONE

This is someone who is in the wrong place at the wrong time, connected to the wrong whos, whats, wheres, whens, hows, and whys.

They are engaged in doing the wrong actions and using the wrong intentions at a very low mood level.

They have poor or destructive people handling and communication skills and distrust of people are prevalent.

Wrong data, fixed ideas, prejudices, and the use of knowledge as a weapon abound.

This person constantly fights positive flows of force, thereby causing turmoil and negative diversions.

This creates opposition and attacks, thus there is no happiness, no money, no space, no time, but lots of failures.

They make the important unimportant and the unimportant important.

A major portion of life urges, such as relationships, careers, associations, family, sex, people, places, things, and subjects, and the person's ability to handle time and space are in the Red Zone.

All of this person's life-force particles* have become negative, being trapped in past, unwanted experiences.

At the Red Zone level, life-force particles are completely unreal and worthless.

A Red Zoner is in complete denial and will oppose anyone who attempts to make them aware that life-force particles exist and have value.

Future Potential: Disastrous. There is failure, poverty, and unhappiness because they are continuously playing the wrong games in the wrong place at the wrong time with the wrong people.

* See Chapter Two for explanation.

YELLOW ZONE

This is the "daily grind" or "rut" where the person doesn't take risks but works only for security.

The Yellow Zoner has good subject skills, but poor people handling and communication skills are the norm. He operates on preconceived beliefs in the conservative comfort zone and is often bored.

This person tends to generalize the who, what, where, when, hows, whys of life, and inaccurately manifests real moods. They operate mostly on automatic, directing the flows of life-force with preconceived ideas and habits.

The Yellow Zoner is not sure of what is important and what is not important.

Some of the Yellow Zoner's life urges, such as handling things, places, and subjects are in the Green Zone, some -- relationships, career, family, sex, and handling people -- are in the Red Zone.

This person has very few positive life-force particles available.

The Yellow Zoner constantly devalues the worth of life-force particles until they cease to have value, or cease to have value under their control.

Future Potential: Mediocre. Has some small successes. He will have trouble handling the massive changes of the future. He is playing mediocre games.

GREEN ZONE

Someone who is in the right place at the right time, making things go right.

This person is living his dream, connected to the right whos, whats, wheres, whens, hows, whys, subjects, patterns, and intentions, and has high mood levels, correct orders of importance, and accurate estimations of value.

He is knowledgeable about subjects and things; has high people, communications, and life skills, and operates on knowledge and truth.

He positively guides and directs the flows of force resulting in his being happy, healthy, wealthy, and successful.

He observes, evaluates, and operates, using the correct orders of importance.

The majority of this person's life urges are in the Green Zone. This person has an abundance of positive life-force particles.

A Green Zoner knows the value of a life-force particle is the same as the value of an ounce of gold.

Future Potential: Excellent future. Very successful, prosperous, and happy. The Green Zoner is able to continuously put self in the right place at the right time. Is continuously playing the right game at the right time.

THE GOLDEN MAGIC ZONE

You are outside of the physical universe.

You are at cause and creativity over life-force particles of time, space, objects, people, places, events, subjects, motions, whos, whats, wheres, whens, hows, and moods with responsibility and ownership.

You operate above the laws of the physical universe and are totally telepathic.

You can be in or out of, or can expand or contract any location, time, viewpoint, object, body, space, people, places, events, subjects, motions, whos, whats, wheres, whens, hows, and mood with responsibility and ownership.

You have total cause over orders of importance.

You have vast quantities of free and positive life-force particles.

You know and honor that the value of a life-force particle is the same as the value of an ounce of gold.

Future Potential: Anyway You want it, that does the greatest good for the greatest number.

*"If you don't know the Golden Magic Zone exists
or what it consists of, it is almost impossible
to occupy it."*

Alan C. Walter

CHAPTER ONE

THE PURSUIT OF THE GOLDEN MAGIC ZONE

I began my pursuit of a golden magical state of conceiving, being, doing, and accomplishing more than fifty years ago.

Long ago in England, just outside of London, on the momentous day of June 10th, 1943, there was a school rounders event (rounders is the English equivalent of baseball).

My school, Stag Lane Elementary, was playing for the championship. Our opposition was the unbeaten champion team from Glebe Elementary.

It was a glorious, sunny, fairly incident-free day with only two interruptions when sirens sounded to usher in an air raid by German bombers. They were dropping their loads of bombs a couple of miles north of us in an attempt to destroy the aircraft manufacturing plants of de Havilland.

This day was a welcome relief from the preceding weeks of gloomy, war-filled days. Surrounding our playing field, there was a crowd of about 2,500 cheering children.

What makes that day so vivid in my memory is that I hit four home runs in four times at bat, and we won the championship.

But that is not what was so momentous. What was momentous was that I had entered the Golden Magic Zone that causes time, space, and motion to elongate and slow down.

The ball looked as big as a beach ball and the speed at which it approached me was in slow motion, yet my own power to hit was with great velocity.

Many years passed before I re-experienced that Golden Magic Zone, but that rounders event was where I began my pursuit, not only to understand but also to be able to replicate that zone again and again.

At that moment in time in 1943, I had a glimpse of what my own and others' potentials could be.

Everything I have done since June 10, 1943, has had as its hidden or overt agenda, the attempt to understand and recreate those magical abilities that heightened awareness, that almost supernatural ability to be at cause over time, space, motion, power, and particles.

Over the years, I have been fortunate enough to enter the Golden Magic Zone on many occasions, sometimes maintaining the state for years at a time.

A few examples of being in the Golden Magic Zone follow;

When I was fifteen, I picked sixteen winners in seventeen races at a bush track in Bathurst, Australia. Starting with \$20, I finished with \$4,440!

My methods were simple; I liked the look of a horse, or I liked its name. Also, I didn't know it couldn't be done that way.

In much of my football career, I entered the Golden Magic Zone; even though I lacked the basic fundamentals of the game, I still was able to star.

Once I wanted to purchase an airplane, a turbo-charged Beech Bonanza, that cost \$38,000; I had \$3,000.

I circled the advertisement in red ink and thought, "How am I going to turn this \$3,000 into \$38,000?"

An idea flashed to mind: *Play Blackjack!*

It was a Sunday morning. I got into my car and drove 280 miles to John Ascuga's Nugget in Sparks, Nevada, a suburb of Reno.

I sat down with two other people at a table that had a \$400 a hand limit. I cashed my \$3,000 for chips and bet \$400 on two positions.

I played for twenty minutes and bought cards three times by double downing an ace, two, and received an eight each time.

I hit blackjack twenty-three times in twenty minutes; I had a huge pile of chips. The first time I lost a hand, I quit.

Picking up my chips and taking them to the cashier, I found I had won \$58,000; I had \$46,000 after taxes.

I purchased the Bonanza for \$34,000, cash.

On my first flight, I blew the engine over Aurora, Oregon. Looking down, I saw a small airport. It had no radio, so I landed with great billows of black smoke pouring from the engine. I didn't know where I was, and the airport was surrounded by trees and hedges.

With several taxiways disappearing into the trees, something made me choose a taxiway toward the south end of the field.

As I taxied between those trees, I saw an old, broken-down shed. I stopped the plane in front of the shed, climbed out and walked through the front door. There I saw an elderly man putting away tools.

"Is there anyone at this airport who really understands turbo-Bonanzas?" I asked.

The man smiled. "Well," he drawled. "Up until last week, I was the foreman and head mechanic of Bonanza West, over at Portland Airport."

Amazing! (I was in the right place at the right time).

I had him replace the engine and do a complete overhaul of the plane. It cost \$12,400, the exact amount I had left from my winnings. I flew that plane for ten years and never had another problem.

In 1985, I went to the races at Santa Anita; it had been almost ten years since I had visited a racecourse or laid a bet. I won more than \$56,000, including a Pick Six for \$23,000 and five Pick Fives, in six days.

I was in the Golden Magic Zone that week.

But my favorite Golden Magic Zone story took place during 1971 in Manila, the Philippines.

I was doing an executive training series with the ten presidents of the Marrelco Corporation and its nine subsidiaries.

"Is there anything you really want?" I asked them. "Yes," they answered to a man. "Help our professional basketball team win.

"In our country, basketball occupies the same position as NFL football does in the U.S., or soccer in Europe or South America. Millions watch it on TV or go to the games."

"OK," I said. "Let me see what I can do."

The team had five former Olympic team players who were now considered "too old." This excited me, for I knew these five had achieved mastery at their game.

Though they occupied last place in their league, all I had to do was unlock their life-force particles and free them of the limiting precepts that had built up over the years.

They were startled that an outsider who was training their bosses was about to train them.

When I met with the team I had them do some very special exercises that unleashed their life-force particles.

In their first game after I trained them, they were twenty-four point underdogs. I bet \$1,000, at odds of 5 - 1, on them winning. They went into the Golden Magic Zone and won by two points.

Over the season, they were never the favorite and always had a five to fifteen point spread; I won several thousand dollars betting on them to win, and so did the executives.

They played like young kids and transcended time, space, and motion. They told me the hoop was twenty feet wide, the ball traveled in slow motion, and they were always in the right place at the right time.

The end result was, they won the championship. They were the Professional Championship team of 1971.

Perhaps my longest period in the Golden Magic Zone was the period between 1961 and 1969. I moved into the Golden Magic Zone not only in athletics but business as well.

I saw my income go from \$40 a week to over \$45,000 a week in this period, and went from living with my parents in a suburb of Melbourne, Australia to owning a large home on an acre and a half on the highest point in Beverly Hills, California.

I had by this time built a network of clients and organizations in England, Europe, and Australasia.

In the first few months, when my income started to soar, even though I was seeing the same people with the same product, the only difference was me.

I had changed so much -- my communication, timing, friendliness, mood level, and empathy had risen astronomically and I had a vast abundance of time, space, and interest.

I had transformed; my life had transformed. And I **continued** to transform.

It was amazing to earn in three days what it had taken me a whole year to earn as a compositor. What this meant was that I had entered and maintained the Golden Magic Zone for eight years.

When I first entered the Golden Magic Zone, I couldn't believe what was happening to me -- I had to pinch myself -- I had transcended time and space. I was now earning in one year what would previously have taken me 100 years to earn.

By the ninth year, it would have taken me 1,000 years to earn as much!

But the most wonderful part of the Golden Magic Zone is that I was able to develop the technology to help others to achieve their similar wanted state.

I could give another thousand examples of my own Golden Magic Zone phenomena, but let these Success Stories from clients speak.

SUCCESS STORIES

This is one of the most valuable books ever written on the subject of human performance, success and the accomplishment of one's objectives in life. It gives definitive, precise, workable answers that have helped all my clients immensely.

Roger E. Boswarva

Former Australian swimming champion and coach retired Fellow of The British Institute of Management, and currently a Certified Performance Technologist with the International Society for Performance Improvement and international consultant to leaders in business, sports and performing arts.

Reading "The Secrets to Increasing your Power, Wealth and Happiness" for the first time just over two years ago was a profoundly positive experience, which led to me re-read it many times. Each time through the book unveiled for me aspects of myself I did not know existed, and has allowed my personal power and influence to grow. Since that first read I have built on the knowledge gained with further study, and have grown to become a Life and Leadership Coach with

an increasing active client list in the short space of two years. I regard this as an extraordinary achievement which would not have been possible without the outstanding information contained in the "Secrets" book. Whilst I fully understand that performing professional life coaching may not be for everyone, it is my considered opinion that this book is an essential pre-requisite for anyone looking to improve their whole life outlook and get into control of their destiny.

Malcolm Bugler
Rochester, New York

"Since I started working with this technology, my health improved, I eliminated an \$800,000 debt within four months, and I was able to successfully sell my business for several million dollars."

T.A.

THE GOLDEN MAGIC ZONE

You have probably experienced times when you could do no wrong.

Golfers have said it was as though the ball was on a beam and the hole was the size of the Grand Canyon.

Baseballers have experienced the ball being the size of a beach ball and having all the time in the world to hit a home run.

The quarterback seems to have all day to throw the ball, or the running back seems to be like quicksilver and the defense to be in slow motion.

Salesmen hit pockets of sales and can increase their incomes 100 times.

All have entered the Golden Magic Zone.

The key is how to do it consistently and know when you must produce peak performances.

There is a secret to being able to enter the Golden Magic Zone. It is having the available life-force particles.

Athletes spend too long on their physical training and practically no time on developing their mental prowess.

This is a huge mistake, as reflex actions, positioning, concentration, and timing all are caused by mental assessments and judgments of time, space, and velocity (energy).

Doing the special exercises and processes that recover life-force particles can increase an athlete's performance as much as 20% - 30%.

Lynford Christie was the oldest person to win the Olympic 100-meter gold medal and the world sprint championship in 1993.

In 1988, prior to these amazing accomplishments, he was about to retire when one of my facilitators processed him and found what was tying up all of his life-force particles.

These were released and Lynford Christie regained his power and surged on to become the fastest man in the world.

Anyone who has mastered the basic fundamentals of their game can become a champion if they include the special training, exercises, and processes that unlock and release the power sources hidden within.

THE MOST COMMON PROBLEM

The most common and unfortunate problem that I encountered in dealing with strongly ambitious clients was that their struggle to get to the top was so debilitating and entrapping of life-force particles that they no longer had the zest or energy to really enjoy what they strove so hard to attain.

Procrastination, tiredness, bad tempers, sudden bursts of rage, too much drinking, stress, and success reluctance all are symptoms of loss of life-force particles. With too many life-force particles lost, you lose your drive, energy, and power.

THE MISSION

Our main mission is to make the competent more competent.

There is a secret to being more powerful and competent and to winning big at the games of life.

When you recover and increase your life-force particles, your power, size, strength, cleverness, and intelligence increase also and you can expect to achieve these ten major targets from our technology.

1. RECOVERY OF VAST QUANTITIES OF LOST OR TRAPPED LIFE-FORCE PARTICLES.
2. OCCUPYING THE GOLDEN MAGIC ZONE OCCASIONALLY AND THE GREEN ZONE CONTINUOUSLY. CONSISTENTLY IN THE RIGHT PLACE AT THE RIGHT TIME WITH THE RIGHT PEOPLE AND GETTING THE RIGHT RESULTS.
3. MORE CAUSATIVE; ABLE TO TAKE AND HOLD A POSITION, PRODUCE SPECTACULAR RESULTS, AND COMMAND EXCITING, PROSPEROUS FUTURES.
4. EXPANDED ABILITIES; DEMONSTRATING VASTLY IMPROVED COMPETENCE.
5. BEING A CHAMPION AT YOUR GAME; ABLE TO WIN BIG AND HELP OTHERS WIN BIG.
6. INCREASED SUCCESS.
7. INCREASED PROSPERITY.
8. INCREASED HAPPINESS.
9. A MAJOR EXPANSION IN KNOWLEDGE.
10. MORE ACCURATE PREDICTIONS OF THE FUTURE.

Producing these phenomena requires that you increase your horsepower as well as your knowledge.

To do this means you must recover your lost, trapped, or denied life-force particles, for the quantity of life-force particles alone determines how big you are, how big a game you can play, how big a player you are, how big your accomplishments are, and how big your rewards.

"A man of intellect without energy added to it is a failure."

Sebastien R.N. Chamfort (1741-1795)

CHAPTER TWO

HOW TO INCREASE YOUR POWER, WEALTH AND HAPPINESS

There exists a great unseen stream of power, which may be compared to a river; except that the one side flows in one direction, carrying all who get into that side of the stream onward and upward to a wealth of Success, Prosperity, Happiness and Riches -- and the other side flows in the opposite direction, carrying all who are unfortunate enough to get into it (and not able to extricate themselves from it), downward to failure, destitution, misery and poverty.

Every being that has accumulated a great fortune has recognized this powerful positive stream of life and that its source originates and takes form in ones own positive thinking process.

The positive position and positive mood and emotion of thought form the side of the stream which carries one to fortune; the negative or no definite position, negative moods and negative emotions form the side which carries one down to failure, destitution, misery and poverty.

Life-force Particles -- the Missing Vital Ingredient

Over many years, vast volumes of research data began to show a pattern of common factors. As this data was analyzed, a huge, vitally important discovery came to view; the anatomy of dynamic power.

Dynamic power depends totally on the quantity of positive life-force particles.

Dynamic power is the ability to take, maintain, and enhance a position and, from that position, direct a flow of life-force particles toward a specific outcome.

Communication is the basic tool for directing flows of life-force particles.

Thus, one's ability to direct flows of life-force particles depends totally on one's ability to communicate.

Einstein is said to have made the statement that we are using only 1% of our potential.

I disagree totally with that statement.

At all times, we are using 100% of our potential. 1% may be used *knowingly* and 99% *unknowingly*, but that 99% is still being used.

The question is: What is that 99% being used for?

Is it being used to hold us in our own box? To negate our abilities? To handle imagined enemies? To forget the past? To maintain our smallness or mediocrity?

What is this **potential**, anyway?

It has taken me thirty-five years to find the answer to that question.

Your potential is **your available positive life-force particles**.

The discovery of your life-force particles is a momentous breakthrough in the subject of correctly predicting the future, for it is the investment of life-force particles that creates future events, future greatness, future pleasure, and future joy.

This discovery explains why some people are able to succeed consistently, while others struggle just to get by.

It explains why some people are powerful and others weak.

It explains why some athletes can maintain form while others perform inconsistently.

And it explains why some people make fortunes while others live in poverty.

The key to this discovery is the subject of harnessing and directing the flow of positive life-force particles through one's paradigms by the use of effective communication.

Life-force particles flowing through a paradigm is similar to the river of life.

It is life-force flowing through the paradigm that manifests itself as your mood level. The slower the velocity, the lower the mood; the lower the mood, the less is accomplished.

One must understand that life-force particles are a quantitative subject.

To understand a person's full capacity of power, we shall use the analogy of the computer CAD/CAM system.

CAD/CAM, the acronym for Computer Aided Design/Computer Aided Manufacturing, is a process where all work, from designing to finished product, is done by computer.

It is a physical universe program (vision), design (plan), manufacturing (implementation), and finished product inventory (result), paradigm matrix that operates through direct communication links between all the parts.

The force or power capacity of the computer is measured in bits and bytes (there are eight bits to a byte).

A small CAD/CAM computer has thirty-two million bytes, a capacity of 256-million bits.

The human being paradigm matrix has a much greater potential than a CAD/CAM computer.

Applied to a person, we could say that at full operating capacity, the individual would have many trillions of bits, which we know as life-force particles.

Man could be defined as a force flow-directing, portable, mobile CAD/CAM that is guided by a soul or spirit known as *You*.

The basic force in the universe is life-force; particles are small pieces, bits, fragments, or parts of a whole.

Life-force particles then can be defined as fragments of the life-force known as *You*.

Therefore, your power and energy levels (moods) are determined by the quantity of life-force particles you have available.

The complete or whole person would be someone who has all of their life-force particles available or a large proportion optimally invested in great futures.

What should be known about these life-force particles is that they are **duplicitous** in nature.

It is this duplicitous aspect that sets them floating in time and space. Thus they can be placed anywhere at any time.

When free, they will float into the present and can connect with other life-force particles to cause a dynamic upward shift in power, wealth, achievement, and happiness.

Definitions:

DUPLICITY: *n.* 1. Deliberate deceptiveness in behavior or speech; double dealing. 2. **The quality or state of being twofold or double.** [ME. *duplicite* < OFr. < LLat. *duplicitas* < Lat. *duplex*, twofold.] (*American Heritage Dictionary*)

DUPLICITOUS: *adj.* Given to or marked by duplicity.

These life-force particles contain:

1. Love/Hate
2. Awareness/Unawareness
3. Knowledge/Ignorance
4. Attention Attraction/Attention Dispersal
5. Intelligence/Stupidity
6. Intention/Oppositional Intention
7. Vision/Blankness
8. Memory/Forgetting
9. Energy/Inertia
10. Positive Polarity/Negative Polarity
11. Magnetic Attraction/Magnetic Repulsion
12. Cause/Effect
13. Red, blue and green dot colorization/Invisibleness

One could call positive life-force particles spiritual money. In the physical universe money acts as a substitute representation of life-force particles.

With all of one's life-force particles available and positively aligned in present time, one would be awesome and wealthy indeed!

A life-force particle has the same value as the value of an ounce of gold.

You would do well to reread the above data.

Here we have isolated the power potential and energy (mood) levels of any individual or for that matter all individuals participating in any group endeavor.

A group is as powerful and wealthy as it has the accumulated life-force particles positively aligned and available for use.

When you release life-force particles, you **must** increase knowledge, ownership, and responsibility, and utilize and direct the recovered life-force particle power to produce optimum situations.

Doing otherwise will cause the life-force particles to dissipate into unimportant problems and empower these problems until they become overwhelming.

To maintain positive control over life-force particles, it is vital to increase your knowledge and to occupy an optimum position. An optimum position is an optimum role or identity.

Knowledge = Control of positive life-force particles = Optimum role performance = Increased control and causation over your life and your actions.

*"A harmonious being is one who has harmony of
spirit/perception, dream, intention, vision, mind, body, and outcome."*

Alan C. Walter

CHAPTER THREE

THE WONDERFUL MACHINES

A human being is a composite matrix of incredibly perfect transceiver machines operated by *You*, the life-force, the thinker, the perceiver, the presence, the one in charge, the animator, the soul.

Definitions:

MATRIX n. 1. A situation or surrounding substance within which something is created, originates, is formed or contained. 2. A mold in which matter is cast in relief, such as type. 3. A place within which something is developed or formed.

TRANSCIVER n. 1. A module consisting of a radio receiver and transmitter. [TRANS(MITTER) + (RE)CEIVER]. 2. Any person, place, object, or subject that can receive and transmit.

The body is a physical transceiver machine composed of many integrated parts that interact to maintain homeostasis, or balance. It takes a tremendous amount of stress to break the balance in the system.

The mind is the mental transceiver machinery that records all occurrences in such a manner that all abilities and knowledge are cross-referenced to be available when needed.

These recording instruments can record all senses.

They can cross reference recordings by area of information, evaluation of importance, value, understanding, time, and mood.

They have unlimited storage capacity. If just one lifetime's recordings were in 35mm film, it would take a three story building a city block square just to store them.

The vision is a three-dimensional projected transceiver of exactly *what* you want, *when* you want it, and *where* you want it.

It also projects *how* you want it, *why* you want it, *who* will be involved, how it will look, feel, act, and the effects and moods it will create.

The vision is the software that programs the mind.

Thus we have the exact format that produces and defines ABILITY.

By definition **ability** is: 1. The quality of being able to do something; physical, mental, financial, or legal power to perform. 2. A natural or acquired skill or talent.

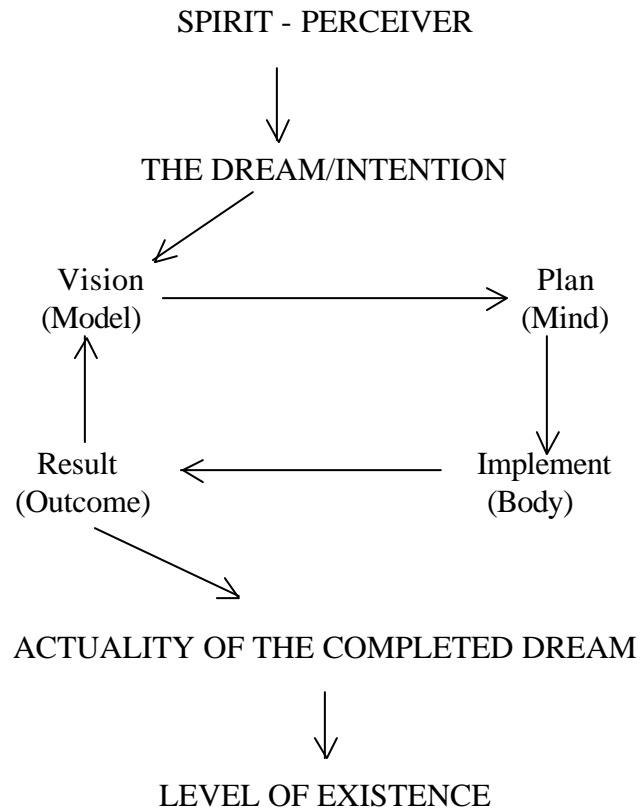
Ability is a series of patterned steps that include spirit, perception, intention, envisioning, planning, implementation, and products, results, or outcomes.

If there is any interference or failure at any of these key transceiver points, you have greatly lessened or negated the ability.

These key points then form a pattern, or paradigm, that arranges all life actions into a harmonious sequence of processes, each step dependent on the previous one.

From this, we have discovered the **Basic Paradigm of Man** and the **Ability Paradigm**.

THE ABILITY PARADIGM



The arrows represent how a paradigm controls and directs the flow of life-force particles through each transceiver process.

Definitions:

PROCESS: A series of actions, changes or functions that bring about an end or result.

PARADIGM: *n.* A model, an example, a pattern or a mental pattern. It is the makeup of an individual's, group's or nation's reality, of what their life-force particles are focused on.

A paradigm lays out the map of how to get there from here. It defines what can be perceived, what is acceptable, and what is not acceptable.

But what keeps all these parts from working together at optimum efficiency to bring into existence your wants and desires?

We have a *You* that is no longer whole; that has been fragmented into millions of disconnected life-force particles that are locked into trying to solve the problems of past, present, and future occurrences. They are now operating in a negative manner toward what you want.

This leaves you with few or no available *positive* life-force particles to handle immediate life and flow through the paradigm. Thus you have a loss of zest; a loss of energy; a loss of ability to attain your wants and desires.

*"When one loves, one flows with until unity is achieved.
When one hates, one flows against until absence is attained."*

Alan C. Walter

CHAPTER FOUR

FOUR BASIC TYPES OF PEOPLE

As more data became available and consistent successes were demonstrated by our techniques in consulting, coaching and training, it became apparent that people fell into one of four categories.

Category I.

People with lots of positive life-force particles available.

These people can communicate easily and get things accomplished, the environment works with them; they are at cause over their lives and circumstances. They are friendly.

An investigation into their life reveals they came from a healthy family life that was very supportive, very friendly, with lots of communication and love.

Category I people have been blessed with lots of positive life-force particles available most of their lives, thus their intelligence, ability to know, concentration, memory, awareness, and energy are extremely high. This has allowed study and competence to come easy.

Most **Category I** people have tremendous learning skills. When they are faced with life difficulties, they overcome them easily; they have few problems.

They look after themselves and experience good health and lots of energy. They engage in big, worthy activities, optimally utilizing their positive life-force particles.

They operate in the high Green Zone and into the Golden Magic Zone.

Category II.

People with few positive life-force particles.

These people have difficulty communicating and getting things accomplished. In most cases, they work for others.

The environment dictates where they direct their force.

These people are ambivalent.

Category II people tend to have to work hard at life, experience heavy stress, and have lots of personal problems.

Quite often they focus on things rather than people.

They have to work hard at studying and find it difficult to put their knowledge into application.

They can be at cause over some areas in their life and occasionally are at cause over their life and circumstances.

They often neglect their health because of lack of life-force particles and they experience long periods of being tired or having low energy.

They operate mainly in the low Green, or top of the Yellow Zone.

Category III.

People with fixated force. **Category III** people are the reality-enforcers.

These people have their life-force particles locked up in fixed belief systems and habit patterns; they are aware only of their own viewpoints and evaluations.

Their communication enforces their own fixed ideas on others. They cannot bear being the effect of anyone or anything.

They study to fit the data into their fixed ideas; the only data they assimilate is that which agrees with their fixed ideas. They use their life-force particles to be right.

They are people abusers, and are visible by the number of enemies they have in their environment.

Category III people are at war with Category IV's.

They operate in the low Yellow Zone and the top of the Red Zone.

Category IV.

People with no life-force particles or negative life-force particles only.

These people are on automatic and do things compulsively and obsessively.

They usually are out of communication or communicate only in a negative manner about negative things.

This makes them extremely difficult to be around because they cannot perceive, and are constantly making mistakes, which makes it appear they are working against the environment and those around them.

These people have extreme hidden hostilities. They are at war with Category III people. Even though Category IV people have these traits, they don't want to be that way and this puts them at war with themselves.

Category IV people are loaded with personal problems, and are the effect of their environment and circumstances.

These people do not take care of themselves, are almost always tired, and are frequently ill.

An investigation into their family life reveals a mentally abusive environment that was full of heavy stress and lots of upsets.

These manifestations often are seen in children of parents who had obsessive behavior patterns such as alcoholism, or who come from strict religious or abusive families.

Avoidance is their basic operating principle. They have transferred their own power and life-force particles to others, making the others responsible for their level of existence in life.

They operate at the bottom of the Red Zone.

Our basic target is to help Categories II, III, and IV recover enough positive life-force particles and increase their communication ability to move up to Category I.

There they will have a high cause level and can control the success and circumstances in their life.

An immense change takes place in the individual's ability to perform any job as their life-force particles become freed from the past.

Their speed, intelligence, decision-making process, action level, and ability to complete tasks successfully rise dramatically.

Because of greater levels of intelligence, a further benefit of having more available positive life-force particles is the ability to organize one's life and activities by orders of importance. This, in turn, brings about a new ability to solve problems.

The availability of more positive life-force particles in present time has an additional effect of causing great positive personality change.

A weak, slow-moving, uncertain individual can, in a matter of days, turn into a confident and fast-moving dynamic personality!

*"Truth sets life-force particles free.
Untruths trap life-force particles."*

Alan C. Walter

CHAPTER FIVE

WHAT TRAPS LIFE-FORCE PARTICLES?

In pursuit of your goals and the living of life, you can collide with flows of negative life-force particles that will trap most of your available positive life-force particles.

As you may imagine, there are infinite combinations of life and events that can lead to the loss of positive particles of life-force.

Yet it has been found, in training and coaching individuals, that once the major areas have been contacted and released, the rest begin to release naturally as the person lives life.

The most destructive elements in the individual's environment are areas of *paradigm crashes*.

Paradigm crashes are caused by the person encountering such an overwhelming flow of negative force that their paradigm quits working and crashes.

Usually these crashes have to do with people in the person's immediate environment or the person's dreams and aspirations, and are caused by being connected to one or more Paradigm Crashers.

If the crash is too big, the person will find himself with a negative belief system that opposes all his goals, people, and things, and will lead his life, performance, and personal relationships into a steep decline.

The person will be magnetized to attract the wrong whos, whats, whens, wheres, whys, hows, and moods. This observation supplies a basic law:

LAW: PARADIGM CRASHES ARE THE MAJOR CAUSE OF YOUR LIFE, AN AREA, A TREND, OR YOU AS A PERSON, GETTING WORSE.

If they have major *paradigm crashes*, the golfer, baseball player, film star, businessman, husband, or wife will find their lives getting worse.

The athlete will find he cannot recover his form; the actor or actress will not get roles they want; the writer will have difficulty writing, and couples will encounter marital problems.

Paradigm crashes tie up huge quantities of life-force particles and turn them negative and out of the person's control.

What makes a paradigm crash so destructive is that they destroy your futures and trap huge quantities of life-force particles. A typical paradigm crash is a broken love affair.

When you are in love, huge amounts of life-force particles are invested in the dreams, visions, and plans to create a wonderful, joyful, prosperous, happy life for you and your loved one.

The future looks beautiful. Often you and your loved one experience a considerable rise up the Zones.

Falling in love and loving can be, and most often is, a period of enlightenment. You experience pleasures and perceptions about your life and environment that you did not know existed.

You trust someone completely; you act with certainty; your head is full of great and wonderful possibilities. You have favorite tunes, a favorite place to dine, to play, to dance, to just sit and talk, to make love.

You have beautifully and joyfully created and produced a spiritual, mental, and physical model that is now an actuality. You are higher than a kite. Then, one day you come home early.

There is a strange car in your driveway. Your heart skips a beat; there is a sinking feeling in your stomach. You hear laughter as you open the front door.

The laughter is coming from upstairs. You climb the stairs and move toward the bedroom.

The door is half open and you see, reflected in the mirror, the love of your life naked on top of one of your friends.

Your dreams, visions, and futures crumble in on themselves (implode). There is a terrible aching hurt that emanates from the pit of your stomach.

You are in shock with the pain, the hurt, the betrayal, the loss, the unexpectedness, the crash of your spiritual, mental, and physical creations.

As your dreams for the future turn to rubble, huge quantities of life-force particles get imprinted with all of your anguish.

Now your once-favorite tunes, places, and precious moments act as painful reminders. You lose your power, your drive, your wealth, and your happiness.

From this moment on, nothing in your life really works. You are never as happy again. You have lost 397,600 life-force particles (see page 35). You are stuck in a paradigm crash.

The next area that ties up large quantities of life-force particles is the situation of a person being opposed by negative flows of life-force particles that prevent them from achieving their dreams, goals, purposes, or intentions.

Here, the tied up life-force particles are trapped at the point where the person is unable to attain his objectives, which is the point where the opposing flow of force was met. This causes no advancement to take place.

Other areas that negate the person's flow of life-force particles are areas of out-integrity. The person will have a lot of life-force tied up in attempting to prevent being found out.

Being basically honest, and because he doesn't want to cause harm, the person will turn his flows of life-force particles inward to restrain himself to prevent further out-integrity and harm-causing acts.

Finally, one of the major culprits of trapped life-force particles is chemical substances, such as drugs and alcohol, which are terribly destructive to the individual.

These substances totally usurp the individual's control over their flows of life-force particles. This causes the individual to do things they wouldn't normally do, which act as violations of their integrity.

In turn, life-force particles get trapped in the false awareness and existences that the drugs or alcohol create.

Often an athlete, entertainer, or businessman uses drugs or alcohol as a substitute to make up for a lack of available positive life-force particles.

The result is even more life-force particles tied up in the out-integrity and stupor caused by the drugs or alcohol.

Substance abuse in the hope of false awareness and a feeling of well-being is all too common in today's society.

When too many life-force particles are trapped, then there is a synthetic attempt to create life-force particles by using drugs or alcohol. The result can be a crashing mental and physical breakdown, an implosion, a complete immobilization of ability.

All of these situations act the same as having too many windows open on a computer. When you have too many windows open on a computer it ties up all the available memory and the computer can no longer function. All of its bits and bytes are used in processing programs and actions from the past and none are available for what you want to do now.

The same happens when a person has unresolved past paradigm crashes, upsets, shocks, incidents of opposition by negative flows of force, times of out-integrity, drug or alcohol incidents, etc. These all tie up the person's life-force particles, leaving none available for use in the present or future.

HOW LIFE-FORCE PARTICLES ARE TRAPPED AND LOST

Example: Imagine this is the flow of the river of your life. Let us hypothesize that you came into this life with two-million positive life-force particles available.

2,000,000	Prenatal	
- 269,500	Birth	Your birth is traumatic.
	Age 2	
- 117,500	Age 3 and 4	You have many childhood sicknesses.
- 31,400	Age 5	First day of school: you are laughed at by the other kids because of your funny name and physique.
- 48,800	Age 6	Your parents move; you lose all your close friends.
- 174,900	Age 11	You repeat the 5th grade.
- 44,600	Age 12	You hate school and are treated as an outsider.
- 47,550	Age 14	You fail at basketball.
- 74,000	Age 15	You get caught stealing money.

-	28,685	Age 34	Your job performance and mood level drops even lower; you get fired.
-	5,195	Age 35	In order to survive, you compromise your goals and accept a lower-paying, mundane job, working at something you don't like. You are very depressed; life is not fun any more.
=====			
	5	Age 35	

You now have only five positive life-force particles left. You are operating mostly on automatic, unknown, survival paradigms.

You have dropped from being a **Category I** person at birth to being a **Category IV** person in thirty-five short years.

Your chances of success, prosperity, and happiness have diminished at each loss of life-force particles.

It is now almost impossible for you to have fun and enjoy life unless you get drunk or high on drugs.

Life is now running you.

*"Vast quantities of life-force particles floating free
cause trapped life-force particles to break free."*

Alan C. Walter

CHAPTER SIX

HOW TO RELEASE LIFE-FORCE PARTICLES

There are three basic ways to do it:

1) **Change of Lifestyle.**

This is the one most commonly used, and it is also the simplest. This could include diet, going on vacation, exercise, a new career, a course of training, even falling in love.

Changing the activity helps because the present activity has become difficult and painful, and life-force particles are tied up both in avoiding the pain and in past events of which the present activity is a reminder.

Changing the activity focuses the individual's flow of life-force particles on the new activity, thus releasing some of his life-force particles off the past.

2) **Upgrading Knowledge.**

Acquiring new knowledge and skills through education can free up life-force particles by the individual getting the right answers that solve problems and put order into confusions.

This converts negative life-force particles into positive life-force particles.

By education we mean consultation with the individual in such a manner that he finds the right answers within himself for himself.

In most schools, education has been based upon the teacher being primary cause, with the student being a recipient, or the effect, just recording data without any real practice or application.

This traps more and more life-force particles and makes the student duller and duller. This type of "education" dooms the student to spend much of his life as a spectator or having to be told what to do.

True education lies in giving the individual knowledge in such a way that it upgrades and releases positive life-force particles that can now be applied to achieving their goals.

Acquiring knowledge is the basic method of realigning and controlling life-force particles into a positive mode.

3) **Life-Force Particle Recovery Coaching**

Life-Force Particle Recovery Coaching is the fastest and most direct method for releasing trapped life-force particles.

The basis of Life-Force Particle Recovery Coaching is finding and releasing life-force particles stuck in past, present, or future situations.

Life-Force Particle Recovery Coaching can accomplish in fifty hours what education and change of activity take years to accomplish.

I was able to free considerable amounts of positive life-force particles simply by recognizing who my friends were, and, more important, how to be a good friend to others.

I rose from the minor leagues in Australian football to the major leagues and was able to become a star, and my income increased a thousand percent, all in a very short time period.

Why? Solely because **I released life-force particles** that were then realigned positively and directed into the **attainment of positive objectives**.

By doing Life-Force Particle Recovery Coaching, the individual can release and recover large quantities of positive life-force particles.

This manifests in the ability to win, the ability to laugh, the assumption of a higher position, and playing a bigger game, thus taking on more responsibility in life and earning larger rewards.

The focusing of available positive life-force particles gives you concentration and horsepower. The larger the quantity of life-force particles you can focus, the more powerful and alive you are and the more powerful is your ability to concentrate.

Imagine owning a powerful racing car that's capable of reaching speeds in excess of 200 miles an hour. Its engine is capable of supplying tremendous horsepower with all parts interacting perfectly, the proper fuel and lubricants supplied, and the engine fine-tuned to maximum efficiency.

Two of the cylinders lose power and the speed begins to drop. Then two more cylinders lose power; the car slows dramatically.

This analogy of cylinders losing power is the same as a person losing control of life-force particles; you still have the basic power but you cannot fully utilize it.

Now the rest of the cylinders malfunction. This beautiful racing car must now be pushed. It can no longer operate on its own power; it has become dysfunctional.

The same thing happens to people when they lose their positively aligned life-force particles. The flow of life-force particles ceases. They go immobile and have to be told what to do; they become dysfunctional.

They become dependent on others for their forward motion in life. They sink into poverty and low Red Zone existences.

But power is more than just directed flows of positive life-force particles. It also contains:

- * The awareness of the effects that are created by the directed flow of force;

- * The knowledge of how to direct the flow of force and produce the required outcomes, and

- * The ability to focus your own and others' attention so that they are out of harm's way; so that the use of life-force particles doesn't damage anyone.

This is using intention and vision to direct the flow of life-force particles to create exactly and correctly the who, what, where, when, how, why, and mood you want, and the ability to use life-force particles intelligently so that it produces high mood levels and aesthetic, pleasing results.

Because life-force particles contain awareness, attention, knowledge, memory, intention, vision, intelligence, energy, polarity, magnetism, cause, love, and red, blue, and green dot colorization, the loss of life-force particles means the loss of these as well.

Should you become upset or enraged, the negative side of your life-force particles will become activated and you will begin to empower hate, unawareness, ignorance, dispersal, stupidity, opposition, blankness, forgetting, inertia, negative polarity, magnetic repulsion, effect, and invisibleness.

The recovery and positive realignment of life-force particles would mean a gain in awareness, a gain in attention, a gain in the ability to get and have knowledge, increased memory, more powerful intentions and visions that manifest themselves faster and more accurately in the physical universe.

It means a more dynamic level of energy, aligned polarities, and magnetism that has the ability to attract the right people and things in the right time and in the right places.

It enables a person to maintain a higher cause level over his life and operate at a much higher mood level, and loving and being loved by many.

One also would have a greatly increased level of intelligence which allows one to live a much smarter, more successful life.

The life-force particles of which an individual has comprehension and control can be used to attain what the person wants and thus are **positive life-force particles**.

The life-force particles an individual doesn't know exist or doesn't comprehend, that are out of his control, and are locked up in past, present, or future occurrences, cannot be used.

They actually can hinder the person from attaining what he wants. Thus they are **negative life-force particles**.

TOO MUCH POWER

In many cases a phenomenon occurs that is caused by having too much power and not utilizing that power.

Positive life-force particles must be utilized or they will dissipate into negative or opposing forces.

This is like the water in a river, which must be directed to flow somewhere or it will stagnate and become toxic to the environment.

How can you have too many life-force particles?

You are playing a big game, or wearing a powerful role, or reaching toward a big dream that has a high level of responsibility. Something happens and you lose your game, position, or dream and have to settle for something less.

Now you have more power and life-force particles than you need and you must assign that power and life-force particles to some other source or you will drive yourself crazy.

You will be frustrated, bored, and stressed because with all that power and life-force particles, everything will be too easy. Examples of this are past Olympic Gold medal winners.

After harnessing and utilizing all that power to overcome all competition and win top honors, the Games end and they have no arena in which to utilize that power.

Many wind up in dependent relationships, unfulfilling demonstration, promotional or coaching positions, or addicted to drugs or alcohol.

Other examples are people who retire after a full and active life. If they do not find other activities that require as much power and life-force particles, they deteriorate quickly and begin creating familial, physical, and financial problems to use up their unutilized power and life-force particles.

The strange thing is that when you assign away your power and life-force particles, you become highly critical of the person or source you empowered in this way.

Criticalness and complaints are an instant indicator of repressed or assigned away power.

Criticalness and complaints are forms of **blame**. The person secretly knows they are responsible for creating dependency by surreptitiously or covertly assigning away their power.

They do this so they won't have to face up to being responsible for their existence and to set others up to be in control of them.

Victims are past masters at assigning away their power and life-force particles so that they can blame everyone and everything for having done it to them, and that's the reason they are the way they are.

There are two factors that make up this blame:

1. The victim's denial of responsibility in having assigned away their power and life-force particles to someone or something.
2. Using diversions and distractions to direct attention away from themselves by blaming someone or something else for having done something bad to them.

Criticalness and complaints are the diverting and distracting methods used by the victim.

If you're around this type of person too often, your ability to perceive correctly and come up with right answers suffers tremendously because these people create false environments.

"The power within manifests as the power external."

Alan C. Walter

CHAPTER SEVEN

MANIFESTATIONS OF POWER

A perfect example of what happens when power and life-force particles are assigned away is what has occurred throughout the former Soviet Union.

Personal and national power had been oppressed to extinction.

Once the oppression was removed, the people erupted in a resurgence of power, fighting to regain lost positions and gain new ones.

Civil wars broke out in several nations.

This is the manifestation of a natural law of behavior resulting from use of power and life-force particles without knowledge.

Power has two basic manifestations:

1. **Attained objectives.**
2. **Deterred or stopped opposition.**

The attainment of objectives is positive power. Using power to deter or stop opposition is negative power.

The problem is, most people spend most of their time and effort focused or fixated on deterring or stopping the opposition.

Unlocking and converting this negative power and destructively directed flow of negative life-force particles into positive-flowing life-force particles is the target of our technology.

Miracles can occur when you release negative life-force particles and convert them to positive life-force particles.

Properly focused power guarantees your ability to take, maintain, and expand your position and be able to direct your flow of positive life-force particles to produce the most effective outcomes.

The above paragraph contains the secret to successful living.

I have been training organizations and individuals for thirty-five years. Those who really succeeded and went on to great success all had the ability **TO TAKE, MAINTAIN, AND EXPAND THEIR POSITION AND FROM THAT POSITION, COMMUNICATE AND GET ACCOMPLISHED WHAT THEY WANTED.**

Doing this requires large quantities of positive life-force particles.

"Communication that contains the correct estimation of truth will capture anyone's attention and hold them spellbound."

Alan C. Walter

CHAPTER EIGHT

OUR AWESOMELY OVER-COMMUNICATED SOCIETY

In today's society, constant demands are placed on a person's available life-force particles.

With the explosion of high-tech into our environment, we now have a new situation; we live in an over-communicated society where communication itself is the problem.

Today's person is no longer responsive to the strategies that worked in the past. Increasingly more companies and individuals are blocking their ability to communicate with actual people.

Their attention, and therefore their communication, is stuck on high-tech communication devices such as television, video games, and computers.

They no longer have enough life-force particles to provide live, pleasant, loving communication.

Al Ries and Jack Trout give us these amazing statistics in, Positioning: the Battle for Your Mind.

- * 98% of all U.S. homes have television. The average U.S. family watches television seven hours and twenty-two minutes a day.
- * Some 30,000 books are published each year. It would take thirty-four years, at twelve hours a day, to read all of them.
- * Each year, Congress passes five hundred laws, and regulatory agencies create 10,000 new rules and regulations.
- * Newspapers use 10,000,000 tons of newsprint a year. Copy machines churn out billions of copies yearly.
- * The average supermarket has 10,000 individual products and brands on display.
- * Billboards, posters, handbills, direct mail advertising, television, newspapers, radio stations, magazines, and more, are pushing communication messages at your mind.

So, what's happening to people?

They are shutting down, cutting out, simplifying, and editing.

The public sector is opposed to live communication.

Fear of rape, mugging, burglary, robbery, and other crimes is causing people to shy away from each other.

Today's leaders, executives, teachers, and salesmen have a massive problem on their hands. A salesman or executive is treated with sneering suspicion.

Today's public is thoroughly conditioned into not buying and not doing. Today's client just hasn't enough life-force particles available to listen or to learn.

The illiteracy rate is soaring, but why should someone learn to read when all they have to do is turn on the radio or television and someone will read for them?

How do the businessmen and teachers of today penetrate the lack of **available life-force particles** and the **noise barrier** to reach the individual?

Today, it takes skill, superb timing, and perfect positioning to enter into real communication with another person.

Today's businessman also is faced with personnel problems of immense proportions.

Drugs, alcohol, illiteracy, sick workers and more, make running a business very difficult. What can he do about these problems?

He must do what so many corporations are doing: invest in high-touch training for his personnel.

Courses in communication, handling people, making friends, being a friend, how to counsel, negotiating skills, positioning, and the modern way to promote and expand one's self and one's company, all are *necessities* now rather than just good ideas.

However, most companies currently spend less than 1% of their budget on staff training.

"Intention is manifest when the mind, with great earnestness, and of choice, fixes its view on any idea, considers it on every side, and will not be called off by the solicitation of other ideas."

John Locke (1632 - 1704)

CHAPTER NINE

CONCENTRATION

That word **concentrate**! All my life I'd heard managers, teachers, parents and coaches yelling: "Concentrate! You idiot, you fool! You failed to concentrate. You blew it!"

What were they talking about?

Definitions:

CONCENTRATE: 1. The action of harnessing positive life-force particles, directing them by intention to flow through a vision of what you want to achieve and a plan of how to achieve it, and manifesting the vision exactly in the physical universe. 2. To converge toward a center, become compacted or intensified.

FOCUS: The place where a visual image is clearly formed, as in the minds-eye, or camera, that sets in motion what is imagined so that it can manifest in the physical universe.

Therefore, plenty of positive life-force particles and a specific vision that creates a point of focus are needed.

How, then, does one create a point of focus?

By decisions, precepts, opinions, intentions, and ideas that have been conceptualized into clear, specific, detailed visions.

Concentration then can be achieved by focusing the flow of a specific amount of positive life-force particles on a vision and its mental image long enough to enable the vision to manifest in the physical universe and play to completion.

There are many success and motivational books, magazines, and tapes on the market today, as well as television interviews with successful people.

Many people are telling their success stories, and hundreds of people have been written up in magazines such as *Inc.* and *Entrepreneur*.

There is a common denominator in each of these success stories.

Each individual had a visual image of what they wanted to accomplish, and their positive life-force particles were not diverted by the negative forces they met in life.

If they ran into something that didn't work, they tried a better way.

They had the ability to concentrate and to focus the flow of their positive life-force particles through that visual image long enough to cause it to come into being.

A person with few positive life-force particles quits when they run into negative flows of force in life.

They abandon their visual image and solve each problem in life as it comes at them rather than reaching out.

They can neither concentrate nor control the events in their life.

VEERING DISEASE

Having few positive life-force particles available creates an inability to concentrate, which causes the person to be unable to take, maintain, or enhance a position.

Thus they cannot complete sequences of action. They suffer from a serious disease: V.D.

Do you or your associates suffer from V.D.?

V.D. can make a company, marriage, or individual impotent.

V.D. is highly contagious.

V.D. can cause the above mentioned to die.

What is V.D.?

V.D is **Veering Disease**.

Definition:

VEER: 1. To change course, direction. 2. To shift from one position to another, be variable or fickle.

The outcome of Veering Disease is misdirected flow of life-force particles that results in an incomplete sequence of action. In more serious cases, there are many incomplete sequences of action.

The main effect of Veering Disease is that one begins to engage in smaller and smaller activities.

The results of Veering Disease are feelings of failure and the creation of financial and relationship problems.

Examples of **Veering Disease**:

Frank, sent on an errand to pick up a package, returns two hours later. He spent an hour and forty-five minutes wandering around various stores = **V.D.**

Executive B plans to lecture the staff on punctuality; instead, he talks about football = **V.D.**

A manufacturing plant must produce 100,000 units of pressure valves. The staff spend most of the time arguing with management and the company goes bankrupt = **V.D.**

Amorous Andy gets married and decides to be faithful to his wife. Two weeks after the wedding, he starts seeing an old girlfriend again = **V.D.**

A salesman knows he must make appointments, but wastes an hour and a half driving from one side of town to the other to make his calls = **V.D.**

The telemarketing rep makes calls, hoping no one answers = **V.D.**

V.D. is deadly to a person, marriage, or company but few, if any, know how to cure the illness.

Why are people so easily distracted that they veer off course?

1. Their life-force particles are locked up in past, present, and future problems. Consequently, they have no positive life-force particles available to focus or concentrate on the task at hand.
2. They are so low on positive life-force particles that they really don't know what activity they are engaged in.
3. **Success reluctance**; they do not want to achieve the objective for the activity they are engaged in. They are on automatic.
4. They have so many incomplete actions that they cannot see what difference one more is going to make.
5. They are operating on unknown paradigms, with fixed belief systems that direct the flows of life-force in the wrong direction.

Behind each of the above reasons lie trapped or negated areas of life-force particles.

Recovering lost positive life-force particles and regaining control of one's paradigms is the cure for V.D.

Achieving this can change an individual or company so completely that yesterday's failure can become today's dynamic achiever.

CONTROL

The sequence of **control, Dream plus Intent - Concept - Start - Change - Stop**, is a 10,000-year old datum that stems from the Veda and still holds true.

Every action, from making a cup of coffee to building the tallest skyscraper in the world, must go through this sequence.

People who have trouble concentrating have difficulty controlling the things and events in their lives; they suffer from V.D.

To free up positive life-force particles and cure V.D., nothing a person can do takes precedence over living your Dream plus Intending - Conceptualizing - Starting - Changing - Stopping.

All negative or lost life-force particles could be said to be tied up in past inabilities to **control**.

A broken heart is the result of a failed sequence of control, a relationship that did not end the way the person wanted it to.

Death is a sudden stop. If predicted, it can cause much less disruption, the extent of disruption dependent on the time available to predict.

If sudden, a massive stop can cause such incredibly savage chaos in a person's mind and environment that all available life-force particles are jammed, causing the person to be stuck in time.

Have you ever known someone who had been married for many years and whose spouse died?

Years later, that person is stuck in time at that area of massive stop, all attention and all available life-force particles still focused on their dead spouse.

When it comes to **change**, some people are so obsessive that they might walk into someone else's house and begin to rearrange the furniture.

Some are obsessed with **start** to the point of having dozens, even hundreds, of things they have begun but never finished.

Others are obsessed with **conceptualizing**. These people tend to be creative, though never really do anything.

An excellent way to recover positive life-force particles is to make a list of all your incomplete actions, including unpaid bills, household chores, people you have promised to see, job actions, sales calls, etc.

EXAMPLE LIST:

Mow the lawn
 Clean out the garage
 Pay mother-in-law \$500.00
 Pay back Tom \$200.00
 Finish painting living room
 Write letter to Mary
 Fix typewriter
 Design brochure
 Call on five customers daily

Once your list is complete, rewrite and number the actions by order of importance, listing the most important first:

1. Call on five customers daily
2. Pay mother-in-law \$500.00
3. Pay back Tom \$200.00
4. Fix typewriter
5. Write letter to Mary
6. Design brochure
7. Mow the lawn
8. Clean out garage
9. Finish painting living room

Call on five customers daily is first because that is where the money comes from to pay your mother-in-law and Tom.

If you make **lots** of money, you could afford to hire a handy man to clean the garage, mow the lawn, and finish painting the living room.

Often, old dreams that were abandoned tie up an enormous number of life-force particles because each incomplete action has a certain quantity of life-force particles locked on it.

By completing what you set out to do, you put more control in your life. In addition, completing actions frees the tied up life-force particles thus you will have more life-force particles available and thereby have greater power to achieve your future goals.

The sequence of control is: **Dream plus Intention - Concept - Start - Change - Stop.**

We can then define the sequence of action as: **Dreaming plus Intending - Visioning - Beginning - Continuing - Completing.**

If one is an executive, leader, coach, manager, supervisor, professional athlete, and so forth, one is engaged in sequences of action.

Basically, running a company is making sure all sequences of action are completed.

It is important, therefore, that one be able to do each step of **Dream plus Intend - Vision - Begin - Continue - Complete.**

"Nothing is so much to be feared as fear."

Henry David Thoreau (1817 - 1862)

CHAPTER TEN

NOT ENOUGH LIFE-FORCE PARTICLES STRIKES AGAIN

I'd like to share a few stories from my early life that illustrate the effects of trapped life-force particles:

The small trophy glinted on the red velvet blanket and the happy laughter of fellow teammates and their wives filled the smoky air.

Meanwhile, I was miserable.

What should have been my big night was a nightmare. I had won the most valuable player award and soon I would be on the stage to receive my trophy.

Terror enveloped me.

Sweat trickled down my armpits and my stomach clenched and unclenched as I made my way through the crowd to the restroom for the sixth time. I retched again, caught in an agony of dread. I washed my face and walked back into the ballroom.

Dimly, I heard the speaker say my name. I walked, trance-like, toward the stage. The large crowd clapped and whistled, chanting, "Speech! Speech!"

Staggering up the steps and tripping over the microphone, I reached blindly for the trophy.

The room went absolutely silent as I stood there mute, sweat dripping from my brow. I croaked, "Thank you."

Turning, I caught my foot on the microphone cable and pitched forward. As I did so, I grabbed the drapes and tore them down about the podium.

Floundering off the stage, I fled into the night. So ended my first public speaking engagement.

That night haunted me for months.

I had discovered that I had an immense problem with people; I was afraid of them.

Worse, when I stood up in front of my friends, all my available life-force particles had fled -- and so had I.

The people problem would not have been so important, except that I had to meet people to earn a living.

Another problem area came rudely to my attention and awareness of my fear of people pushed in on me anew. As a budding professional football player, I would be playing in front of crowds of 60,000 or more!

The year continued. I was signed by a pro team and my business was expanding. I became engaged to be married, my income was rising, and my name appeared often on the sports page as that of a future star.

I wasn't doing so well inwardly.

I was having trouble working, board meetings at my business became brawls, and my fiancée and I fought constantly. I began to lose form as a football player and was soon sent back to the minor league.

A credit crunch hit. The business began to lose an enormous amount of money.

I couldn't answer the phone; I couldn't get out of my car; I couldn't work, and my fiancée fell in love with someone else!

I was feeling very sorry for myself, yet somehow I knew what was bothering me had something to do with what had happened on the night of the award ceremonies.

What had really occurred?

The answer finally presented itself: *I had an immense fear of making a fool of myself.*

All my life-force particles were tied up in this problem. I underwent a dawning awareness as I saw how I had avoided success because of this fear of making a fool of myself.

I had heard about peoples' lives flashing before their eyes but never experienced that phenomenon. This felt similar, but I won't bore you with the details.

Suffice it to say, I was avoiding all forms of responsibility for fear of making a fool of myself.

Still, being aware of the problem gave me at least half a handle on a very destructive, life-force particle entrapping, attention-absorbing condition in my life.

This fear was causing me to reject large, profitable areas of business and was well on its way to destroying my pro-football career.

I was deliberately keeping myself out of position in a football game; I was purposely being in the wrong place at the wrong time.

In golf, my attention was on what *not* to do. My attention in tennis was on *not* missing the ball, and in sales, on *not* losing the sale.

Needless to say, I *missed* the putts, *miss-hit* the tennis ball, and *lost* the sale.

I knew the problem, but not how to handle it.

At this point, I discussed the problem with two of my business partners. The first was Arthur Spence, who was a former great Australian golfer.

He told me that when he coached a golfer who had a bad habit, he had the person practice doing the bad habit **deliberately**. The bad habit would disappear in no time!

The other partner was the great Frank Sedgman, who had won at Wimbledon and was part of the legendary Australian Tennis Dynasty.

He, too, said that when a problem arose, he would practice playing the bad shot **deliberately**.

The more I thought about what I had been told, the more excited I became.

I spoke to my coach at that afternoon's football practice and told him what had been going on and about my fear of making a fool of myself.

I asked his permission to **deliberately** play badly, **deliberately** fumble the ball, and **deliberately** miss-kick the ball.

He looked at me strangely, but he nodded his head and said, "You'd better do something, because we are about to put you off the roster."

With those reassuring words in my ears, I went out and practiced.

I made a complete and utter fool of myself that day; my teammates ridiculed me, but I felt great.

I then put my deliberate failings into my sales presentations.

I'm sure I left a lot of bewildered clients behind me as I did the totally wrong thing. I became a parody of a salesman and before long I had my clients in stitches with laughter.

My sales **soared!**

During the next few weeks, my football game improved so much that I was called back up to the parent club and played the rest of the season in the major league.

I had released the entrapped life-force particles from the fear of making a fool of myself.

*"Who is more foolish, the child afraid of the dark
or the man afraid of the light?"*

Maurice Freehull

CHAPTER ELEVEN

USING FEAR AS AN ASSET

Because of the disastrous award night incident, despite the increase in the number of people I saw and my newly expanded income, I still had a lot of life-force particles trapped in the problem of appearing in front of groups.

Those were my friends at the awards! Those were my buddies and teammates, and I had been terrified!

I was still gripped in a fear that I never thought possible for anyone to feel. I realized that if I had such a fear of talking to people, I would withhold myself from going out and seeing them.

I had a very basic fear: a fear of people. Many people can see this fear in others, and many have the same fear.

Obviously, if you have a fear of people, you avoid seeing them. If you cannot see people, you cannot make calls. If you cannot make calls, you have trouble picking up the telephone.

You don't have any clients and you don't get paid.

Also, with a fear of people, you have trouble getting out of your car to make cold calls, and you have trouble talking to people to present your product.

Throughout my years of training people in sales, I have seen many of them sitting around the office doing nothing.

I would bet that 99% of the people who are sitting around the office doing nothing have a real fear of people.

But, how did I handle this fear?

About this time, I was traded to a football team in Melbourne. I relocated and set about a whole different way of life.

I had to find another selling job to work at during the day. At this point in my new life, football was a full time career and selling was a part time career.

I was still gripped by my fear of people and realized that if I couldn't talk to my friends as a group, I certainly couldn't talk to strangers.

It was the first time in my life that I had a real lack of courage. Previously, I had felt that I could face up to anything, but this fear of people was overwhelming.

I happened to belong to a church group where public lectures were given and usually, laymen were asked to come up and speak.

I knew something about what we were lecturing on, so I went in and listened to some of the speakers. Some were good; some were bad, and I wondered, "Could I give the lectures?"

I had written a lecture. I decided that some night, when eight or ten people came in to find out about our church, or to find out about what we were doing, I'd read from my written manuscript, and then ask for any questions.

I remember the first time. I was so terrified I was sweating; I could hardly read the page. So I told the audience how I felt.

I told them that it was the first time I'd ever done anything like this (it was actually the second -- you remember the first!) and I told them how I was feeling, how nervous I was, and how frightened I was of them.

A very strange thing happened: the audience began to empathize with me; I could feel their encouragement.

Just admitting that I was frightened and worried released many life-force particles and gave me confidence. The meeting ended and I received warm applause.

I continued to read off the manuscript for two weeks. I began to feel more comfortable talking to people and I was willing for them to ask questions.

I found out while I was up there that if I just told the truth, didn't pretend to know or try to fake it, I did not get into trouble.

Slowly, as I understood the manuscripts more, I was able to ad lib and speak from the heart rather than the page.

As I communicated more of myself, my audience grew larger.

There was a TV producer in the audience at one event. He wanted to interview me! He asked me to come on television and talk about what I was doing and about being a professional football player as well.

Terror struck again.

I was supposed to have only a five minute TV interview, but when the interview began I became so engrossed and so alive about what I was communicating, as did the interviewer, that we stayed on for thirty minutes.

The switchboard was lit up for hours afterward.

It was a tremendous win, and I felt I could conquer the world! I was so excited and alive, it was amazing.

As a spin-off of the show, I received invitations to speak all over Melbourne and the state of Victoria. And from there, all over the country; thence, all over the world!

That TV interview put me in contact with an enormous number of new clients and I became very well-known. When I made a call during those days, I was so well-known that I was granted an interview almost instantly.

I had taken my biggest liability and turned it into my biggest asset.

"I'm free of all prejudices. I hate everyone equally."

W.C. Fields

CHAPTER TWELVE

A CASE OF TRAPPED LIFE-FORCE PARTICLES CAUSING PEOPLE PROBLEMS

Over the years I've handled thousands of people who had trapped life-force particles.

The common denominator in all cases was a major upset with life or people. I'll use my own life as an example as it contained several massive upsets that soured me on people.

I was born in London. In 1944, though the bombing had practically ceased in London, I was evacuated to North Wales. There, I ran into a prejudice that had a profound effect on my future; the Welsh hated the English.

Once I was known to be English, the Welsh children beat me up continually. Finally, they pushed me down a mineshaft one day and threw huge rocks in after me.

Near death, I was rescued by a shepherd and taken to a hospital, where many stitches were required to stop the bleeding from cuts on my head.

I decided, "I don't like the Welsh people very much."

Three years later, when I was thirteen, my parents emigrated to Australia.

My first day at school was a rough one; I was picked on until I got into a fight and was promptly and thoroughly beaten up by several of the kids in the class.

Obviously, the Australians, like the Welsh, did not like the English very much. At this point, I didn't like Australians either! I formed the precept, "People are bad; I don't like people."

I was compulsively acting out my dislike of Australians when, at twenty-two, I began my new career as an executive and an athlete.

I became one of the toughest, meanest, and most vicious football players around, acquiring quite a reputation as a "tough guy."

I carried this same attitude into business, which caused me to lose many of my clients and, as an executive, caused me immense stress.

My anti-people attitude also caused me a lot of grief with girlfriends, coaches, fellow executives, parents, and what few friends I had.

This hatred of my fellow man went deep and was complicated by how I disguised these feelings.

Meanwhile, our football team had made it to the Grand Final.

The day of the big game dawned with torrential rain that was to continue throughout the day. By the time the game started, several parts of the ground were under six inches of water. The playing surface became a quagmire.

In spite of the weather, however, some 80,000 spectators were on hand.

I stood six-foot three-inches and weighed 215 pounds and my strongest skill, the ability to catch the ball, would be useless in this weather.

The pressure of the championship and our team's unbeaten record helped carry my *hate people* attitude to further extremes.

I decided I was going to wipe out as many opposing players as possible; to get them so angry they would put their attention on trying to destroy me instead of concentrating on the football.

The roar of the crowd buffeted our ears as we ran onto the water-logged field.

The ball was thrown up in the air.

I leaped up and planted my knee firmly in an opponent's stomach. He fell gasping to the mud and two minutes later was taken off the field.

The opposing team's "iron man" immediately moved to retaliate.

Walking over to where I lined up, he smashed me across the face with his forearm, breaking my nose and blackening both eyes; I refused to go off.

Five minutes later, as I flew for the ball, he came charging at me again. I dropped my shoulder, cracking his jaw, and he collapsed to the ground, unconscious; he was taken off the field on a stretcher.

The opposing players went berserk. They forgot about the game; their goal was to destroy me.

I loved it! I demolished opponent after opponent.

The crowd went crazy. A special detachment of mounted police was rushed to the stadium.

At the end of the game, which we won by several goals, the opposing team's fans smashed down fences and attempted to exact their own revenge by tearing me limb from limb.

One of the several bottles and cans that were thrown at me split a two-inch gash along my eyebrow. Twenty mounted police and dozens of foot police were needed to escort me off the field.

But football's successful paradigm was a disaster in business.

Today when I train or counsel individuals or groups in the area of trapped life-force particles, I find invariably that similar upsets, precepts, and hidden hatreds are major barriers to success.

If someone doesn't like you, you are not going to like him, and if you don't like him, he is your opponent. If he is your opponent, a natural law takes over:

It is all right to do anything to cause an opponent to lose.

Conversely, if he wins, you lose.

This is the basis of **success reluctance**. Somewhere in your past or present is someone *who must not win*.

You will do *anything* to stop him from winning, even if it means **deliberately failing, yourself**.

THE COMBATIVE PERSONALITY

Like most children, I was schooled in defeating the enemy, and the newspapers were full of hate for the nation's enemies . . . the Nazis.

I was the molded product of a society that glorified and adored the combative personality.

Years ago, after many upsets and failures, I finally discovered that I was the source of my own failures. I had plenty of excuses, but the bottom line was inescapable, for I had created the paradigm that led to my problems.

My combative personality traits were causing the difficulties, and I was the source of my own failures.

These destructive character traits would have stayed hidden from view had it not been for my accelerated meeting of many more people than I'd had to deal with in the past.

This, in turn, brought into view my creation of the "no-win" environment in which I operated.

This attitude of a *no-win environment* also trapped the life-force particles of all my friends and acquaintances, thus we all lost.

I was a deadly-destructive person to have around as I absorbed all available life-force particles and trapped them in conflicts and upsets.

But I had located the source of creating a winning scene. It was **me** being friendly to others; being genuinely friendly, not *phony*.

So, instead of creating a hostile environment, I resolved to create a friendly, safe environment.

This was easier said than done, for I had not been trained in making friends. As a matter of fact, I didn't really understand what a friend was, what was involved, or how to act.

My first step in handling this was looking up the definition of **friend** in the dictionary.

Definition:

FRIEND: *n.* 1. A person whom one knows, likes, and trusts. 2. A person whose life-force particles are aligned with one's own in a struggle or cause.

I started to observe seriously what was good about people and now felt much closer and warmer toward my parents and business partners. We began to support one another instead of having arguments.

On meeting my clients, I found it easier to communicate in a friendly manner; my sales soared and my income expanded by leaps and bounds.

In addition, my antagonism toward my coaches disappeared and they began to trust and support me. I began to star.

My friendly attitude was allowing others' life force particles to release instead of trapping them.

But my communication was dreadful.

It was not easy for me to maintain friendships with people when my vocabulary was full of *down* words. I was a functional illiterate when it came to friendly and positive communications.

I did not use words like **winning, happiness, attention, concentration, knowledge, responsibility, cause, source, admiration, respect, positive**, or thousands of other *positive* words.

I did not use them because I did not **know** them.

To solve this lack of a positive vocabulary, I have looked up and defined more than 150,000 words over the past thirty-five years.

As my comprehension level increased, my ability to communicate in a friendly and effective manner became easier and my effectiveness as an executive increased vastly.

My staff was able to comprehend what I wanted and was able to produce the effects I desired.

This resulted in huge increases of productivity, profit, and freed life-force particles.

"Your size, position, and prosperity in life are directly proportional to the quantity of your available positive life-force particles."

Alan C. Walter

CHAPTER THIRTEEN

HOW I CHANGED MY ATTITUDE AND INCREASED MY INCOME AND HAPPINESS

I soon discovered that the reason I was not being successful was because *I didn't know*.

Just admitting to myself that I didn't know allowed me to focus my few remaining life-force particles correctly and begin to learn, to find out what it was that I didn't know.

This allowed me to admit to myself that there was knowledge I needed that I did not have.

I also found out for myself that the basic reason I couldn't do something was because there was something I didn't know about it, or something I didn't understand about it, which in turn trapped many of my life-force particles.

I began my quest for knowledge.

The basic lesson of increasing your skill and ability in a subject or endeavor is to find out what it is that you don't know, or what specific area in the subject you are not familiar with.

By admitting to myself that I just did not know, I opened a whole new world -- *the world of releasing locked up life-force particles.*

I have used this rule continuously for the past thirty-five years.

Now, as then, whenever I cannot do something, or when something does not appear to be going right, there always is something related to that subject that *I do not know.*

Let me explain how I use "**I don't know.**"

Knowing means **knowing in the fullest sense.**

When someone knows in the fullest sense, he understands the subject or area so well that he can **apply his knowledge successfully** in the area.

Here is an example:

At age nineteen, I had never played football.

The Australian game of football is quite different from any other game that I had ever played as a youngster but, by the time I was twenty-one, I was playing for a professional team.

I achieved that by finding a team that was short of players. After playing two games for them, I realized that I did not know anything about the game.

This, plus the fact that I was very ambitious, led me to the decision to join and play for four teams.

I played football for one team on Saturday, another on Sunday, for another on Monday, and for yet another on Wednesday.

And I practiced with a professional team in Australia's major league on Tuesdays and Thursdays.

When I practiced with the major league team, I was so awkward and uncoordinated that the coach came over and asked me to leave the field.

"I am just learning," I pleaded. "I thought if I worked with the pros it would be the easiest way to learn."

He laughed, but was actually embarrassed. "I am sorry," he said. "We can't afford to have you on the field."

"You cannot use these dressing rooms, but I'll tell you what; you just sneak in, jump the fence, and train, and we'll pretend we don't see you."

All the guys on the pro team laughed because I was so uncoordinated I was ridiculous; if I coughed and walked at the same time, I'd fall over.

The amazing thing was, no one on the pro team really laughed at me. In reality, they all respected me because I never pretended that I knew.

For that one reason, they were willing to teach me.

The practice games with the professionals were even harder than the actual games with the other teams, but by working six days a week with five different teams, I was able to produce five years of playing experience in one year.

USING A SERIES OF FAILED TEAMS TO GAIN EXPERIENCE

All the teams I played for at the beginning of my football career were extremely weak.

In the first year, the four teams I played with won a total of one game; often we were beaten by twenty or thirty goals.

When the season ended however, I had used all the various skills that were needed for our game of Australian football.

I boxed for mobility and coordination, did all sorts of jumping exercises, and learned to sprint.

I trained again with the pro team at the beginning of the next preseason. Though I had improved tremendously over the previous year, I was cut from the squad.

I then followed the same schedule of playing for four teams and working out with the pros. By the end of the second year, every team I played for was in their respective championship finals.

I finished the season on three championship teams and one runner-up. In addition I became what we call "The Best and Fairest," or "The Most Valuable Player," of each of the leagues!

The pro scouts were after me. I was then twenty-one years old, but the real secret was that I had managed to cram ten years of football into two years.

The third year I turned out for and signed with a professional team.

I had failed my way to success.

The secret to releasing the barriers to more life-force particles is realizing: *You don't know*, then asking yourself the question, *"What am I going to do to find out about it?"*

I answered this question, studied the game, and then crammed ten years of playing into two years.

Over the years I have continued to write two lists. The first is, "**What do I know?**" The second is, "**What don't I know?**" Whenever I am studying something or doing anything, I make my lists.

In so doing, I find what it is that I don't know about the area of difficulty. I then break it down into proper categories and concentrate on getting the right knowledge.

You can take any subject or area with which you are having difficulty and make the above lists to discover the specific areas in which you need to study or gather information. Once you have isolated the specific area, there is **always** somewhere to get the data.

The unknown areas always contain empowered negative life-force particles. Transferring the **unknown** into the **known** causes the positive sides of the life-force particles to become empowered.

Envisioning is the method that formulates and empowers life-force particles into specific formats, shapes, future positions, future identities, future actions, and future outcomes.

When you envision life-force particles into a specific creation, you lock up huge quantities of your power.

Should you fail to fulfill those creations, or something bad happens that prevents the attainment of that creation, those life-force particles get trapped and locked away in that moment in time and space.

That is why a broken love affair or the loss of someone you love is so destructive.

To succeed, prosper, and maintain high degrees of happiness, love and relationships require huge quantities of positive life-force particles.

Positive life-force particles are needed not only to maintain the present quality of love and pleasure, but also to send into the future to create exciting and prosperous new events and returns on investments.

Should something disrupt that love affair, the implosion and shock of the collapsing creations of both present and future cause the negative portions of the life-force particles to activate and trap that huge quantity of life-force particles.

They become pulsating balls of uncontrolled, vicious energy that hurt terribly when contacted.

Sudden losses such as deaths, being fired, betrayal, bankruptcy, robbery, rape, failing an exam, failing a friend, hurting the ones you love, and lying to people who trust you can cause immense loss and entrapment of huge quantities of your life-force particles.

Even worse, the negativity empowers the negativity of what free life-force particles you might have left.

Life reluctances, such as procrastination, mediocrity, failure, being a loser, a victim, a dependent;

Action problems, such as call reluctance, close reluctance, asking for the money; or,

Asking for the order reluctance, blanking out, loss of drive, and depression;

Attention Deficit Disorder, inability to concentrate, to study, to persist.

All the above stem from lack of life-force particles or having life-force particles trapped in the past, thus unavailable, as their root cause.

*"All dreams and visions are obtainable if one has
an abundance of positive life-force particles."*

Alan C. Walter

CHAPTER FOURTEEN

THE VALUE AND IMPORTANCE OF LIFE-FORCE PARTICLES

By now you have an idea of how important and valuable life-force particles are. Without them we are like a car without gas, a portable radio without batteries, a football game without a football.

Yet we live in this absurd environment where teachers, in their ignorance, try to teach children who are without any life-force particles or worse, entrap those available life-force particles by incorrect and inadequate teaching skills.

Prisons and shelters for the homeless are full of people who have lost their available life-force particles. No rehabilitation of those inmates is possible until a fair quantity of their life-force particles is recovered.

It takes the availability of free life-force particles to be able to study, comprehend, and apply (work). Without life-force particles you do not have the attention span to even record the full concept contained in a sentence.

Drug addiction and alcoholism often are desperate attempts to recover some life-force particles.

You must guard and protect your life-force particles as you would anything else of great value.

Anyone who steals away or traps your life-force particles is stealing your life, power, wealth, and happiness.

The phenomenon known as a "high" actually is the sudden release of trapped life-force particles.

The obsessive attempt to recreate a "high" is what lies behind addictive behavior. All addictions can be traced to a "high" or series of "highs" connected to the area of addiction.

The life-force particles get trapped in that period of time and space in which the high occurred and you will not be free of the addiction until the life-force particles are set free and returned to your control.

Another massive social problem is illiteracy.

We live in a country that has ninety million functionally illiterate individuals, or 28% of the population (Source: National Adult Literacy Survey, released by the U.S. Department of Education, September 9, 1993).

These people cannot locate the correct knowledge, nor can they accurately predict consequences, outcomes, or accomplishments.

This means that we all are at risk of being dragged down the levels of existence into the Red Zone by these ninety million individuals who have been sabotaged by a destructive education system.

The following Red Zone level of existence problems also contain secret power and wealth destroyers. They are the fact that:

Poverty is catching and can trap your own and others' positive life-force particles;

Unhappiness is catching and can trap your own and others' positive life-force particles;

Hate is catching and can trap your own and others' positive life-force particles;

Chaos is catching and can trap your own and others' positive life-force particles;

Untruth (lying) is catching and can trap your own and others' positive life-force particles;

Ignorance is catching and can trap your own and others' positive life-force particles;

Dishonor (criminality) is catching and can trap your own and others' positive life-force particles;

Stupidity is catching and can trap your own and others' positive life-force particles; and

Low mood levels are catching and can trap your own and others' positive life-force particles;

If you want to be successful, prosperous, and happy, you cannot afford to surround yourself with illiterates who cannot locate the correct and precise whos, whats, where, when, why, how, importance, value, mood, responsibility, motion, and action, and who cannot accurately predict consequences, outcomes, and accomplishments.

These illiterates put so much untruth and chaos into your space, time, and energy that they will trap vast quantities of your own and others' life-force particles.

*"To have honor, it is necessary to be
engaged in an honorable activity."*

Alan C. Walter

CHAPTER FIFTEEN

BASIC POLICY FOR POSITIVE LIFE-FORCE PARTICLE RECOVERY

The phenomena of loss or gain of life-force particles are self-evident.

Life-force particle loss equals:

Loss of power, energy, strength, cleverness, ability, and determination,
and operating at a lower mood level.

Attention fixed on the negative.

Descending in the Zones of Life.

Life-force particle gain equals:

Gain of power, energy, strength, cleverness, ability, and determination,
and operating at a higher mood level.

Attention fixed on the positive.

Ascending in the Zones of Life.

Recovery of life-force particles must never be mixed with drugs (including medicinal), alcohol, hypnotism, enforcement, insistence, or suggestion.

The client must be fully aware, well-fed, and well-rested, for any violation of these will cause life-force particles to be re-trapped.

The client's pursuit and recovery of their life-force particles must be intended from the client's own choice.

No client can be forced to accept life-force particle recovery.

There are millions of wonderful people who want to recover their life-force particles.

There are very few of us who have the skill, training, and knowledge to help them do so.

Therefore we must never waste our time or effort on those who are unworthy or who would trap our available positive life-force particles.

Our mission is to make the competent more competent.

They, in turn, can make the next layer of competent more competent, and so on, and so on, until the whole planet has unlocked all trapped life-force particles.

*"Honesty requires strength, persistence,
and the ability to hold a position.
Dishonesty requires nothing."*

Alan C. Walter

CHAPTER SIXTEEN

THE SELF-EVIDENT PHENOMENA OF TRAPPED LIFE-FORCE PARTICLES MANIFEST IN THE RED ZONE

The most common attitude of someone who has lost all their available life-force particles is to chronically make nothing of all those around them.

This is because *they* have been made nothing of because of their dishonesties and an inability to deliver what they promise.

It doesn't take a rocket scientist to observe someone who has a deficiency of life-force particles.

Their attitudes and mood levels range from deep hidden hatred (bitterness), to hopelessness. Someone who is bitter is still trying to recover some life-force particles. The hopeless person has given up.

There can be billions of wrongnesses and weaknesses that make it appear that the problems of society are unsolvable, but this is not true.

Just recover life-force particles and you will be amazed at the tremendous upgrades that will take place.

The U.S. has an education system that contains vast areas of false data and inadequate teaching methods.

Its teachers, who are the products of this false system, pass on incorrect knowledge and techniques on how to handle life and people.

This is causing the work force and businesses to struggle to survive because huge quantities of trapped life-force particles are causing massive amounts of inexact solutions to problems created by the lack of life-force particles.

The deadliest form of untruth is that which you *believe* to be true but in fact is untrue or distorted. This belief sets up a false perception and leads to continuous problems and disasters.

A false "truth" sets up a *don't know you don't know* condition that blocks inspection of the area and keeps life-force particles trapped.

Knowing how to find the areas of trapped life-force particles and areas of *don't know you don't know* can lead to remarkable recovery of abilities, knowledge, and certainty.

It can produce huge increases in prosperity, success, and happiness.

To do this you must be observant of the self-evident phenomena of vast quantities of life-force particles trapped in the past that are therefore not available in the present.

This condition causes the following manifestations to occur:

1. Attention Deficit Disorder (A.D.D.).
2. Dependency on others to create their future and deep hidden hatred toward those others.
3. Vast drops in I.Q.
4. Vast drops in strength.

5. Vast drops in power.
6. Vast loss of abilities.
7. Major drop in mood levels.
8. Vast loss of cleverness.
9. There is no time.
10. There is no space.
11. Vast loss of interest.
12. Vast money problems.
13. Vast people problems.
14. Vast procrastination.
15. No laughter, joy, or sense of humor.
16. Feeling of heaviness.
17. No cause over actions.
18. No awareness. Deadness.
19. No responsibility, ownership, or control in any area.
20. Hidden deep unfriendliness.
21. Vastly incorrect and imprecise whos, whats, wheres, whens, whys, hows, importances, values, moods, responsibilities, motions, actions, and inaccurately predicted consequences, outcomes, and accomplishments.
22. No realization of honesty. Subject to assigning evil intention toward others.

23. Destructive or no abilities; destructive or no skills; destructive or no performance to produce positive products or manifestations.
24. Destructive or no action; destructive or no production.
25. Overwhelming problems.
26. Destructive or no fun.
27. Disastrous, destructive, or no relationships.
28. Hates to study.
29. Hates to learn.
30. Vast failure.
31. Vast poverty.
32. Miserable and unhappy.
33. Dependency on drugs.
34. Dependency on alcohol.
35. Dependency on others to survive.
36. Accident prone.
37. Disaster prone.
38. Inadequate.
39. Incompetent.
40. Collapsed in gangs.
41. Vast bitterness.
42. Vast sadness.

43. Vast lethargy.

44. Stuck in the Red Zone.

"The size of the box you live in is directly proportional to where your life-force particles are invested or how many are maintained for future investment."

Alan C. Walter

CHAPTER SEVENTEEN

THE SELF-EVIDENT PHENOMENA OF DIMINISHING POSITIVE LIFE-FORCE PARTICLES

When you or someone else has too few or not enough life-force particles, it is somewhat like contemplating taking a trip through Death Valley with only a couple of gallons of gas and a cup of water.

Let's face it; you're going to be reluctant to start that trip.

Procrastination, call reluctance, even success reluctance are easily understandable if you are deficient of life-force particles.

The highest paid and possibly the toughest job in the world is sales.

The reason for this is you often collide with potential life-force particle entrappers who hate salesmen, people, and your product.

If you collide with or contact too many of these life-force particle entrappers you will turn on the reluctances.

It is very unnerving to be full of zest one day, collide with a life-force particle entrapper, and not want to get out of bed the next.

With ~~too~~ many losses of life-force particles, you cannot work in a job that requires self-starting; you will only work **for** someone.

Any form of origination, creativity, or responsibility will be shunned; not because you are not smart enough, but because you do not have enough available life-force particles or you have a terrible fear of responsibility.

This is Yellow Zone behavior and can manifest in many ways. Here are some of them:

1. Reluctance to succeed.
2. Reluctance to take charge.
3. Reluctance to contact people.
4. Reluctance to complete actions.
5. Reluctance to close.
6. Reluctance to ask for money.
7. Reluctance to create winning futures.
8. Reluctance to produce.
9. Reluctance to have prosperity.
10. Reluctance to be known.
11. Reluctance to act.
12. Reluctance to study.
13. Reluctance to obtain knowledge.

14. Reluctance to upgrade communication lines.
15. Reluctance to be more responsible.
16. Reluctance to take ownership.
17. Reluctance to take control.
18. Reluctance to conceptualize and envision.
19. Reluctance to take a position.
20. Reluctance to plan.
21. Reluctance to fight for truth and honesty.
22. Reluctance to stick neck out.
23. Reluctance to originate.
24. Reluctance to take responsibility.
25. Reluctance to give or receive praise.
26. Reluctance to be excited.
27. Reluctance to give orders to people.
28. Reluctance to be true to oneself.

*"Being in the right place at the right time is
directly proportional to the amount of
available free positive life-force particles."*

Alan C. Walter

CHAPTER EIGHTEEN

THE SELF-EVIDENT PHENOMENA OF LARGE AMOUNTS OF RECOVERED LIFE-FORCE PARTICLES

Your life, your luck, your size of games, your communication lines, your effectiveness, and your accomplishments go into high gear, for you have entered the Green Zone.

The more available positive life-force particles, the bigger the games and the bigger the rewards and wins. A big winner in the game of life seeks to attain mastery of each area of responsibility.

To unlock, release, and recover life-force particles requires truth. This then runs out all the past incorrect or wrong times and places and releases energy. Thus it becomes easier and easier to be in the right place at the right time, doing the right thing with the right people.

These phenomena are very visual when they occur and will be quite long lasting (until you or your client run into another layer of untruth or a life-force particle trapper).

Discovering and comprehending the truth causes trapped life-force particles to be released from the lies and causes the following phenomena to occur:

1. A feeling of relief, lightness, and freedom and a huge upsurge in mood level.
2. Laughter, cheerfulness, and a sense of humor.
3. Experiencing bigness, expansion, and cause over the area being handled.
4. New awarenesses. Being more alive.
5. A complete willingness to own, be responsible for, and take control of the area being handled.
6. High friendliness, closeness, even love toward the correct and precise whos, whats, wheres, whens, whys, hows, importances, values, moods, responsibilities, motions, actions, and accurately predicted consequences, outcomes, and accomplishments in the area being handled.
7. Major realizations (Aha's).
8. New abilities, skills, and performances.
9. Vast increase in action and production.
10. Problems resolving themselves easily.
11. Life becoming fun, exciting, and worthwhile.
12. Long-time conflicts, problems, and past enmities resolving.
13. Recovery of love and appreciation for family and former mentors.
14. Increase of love for life and people.
15. Love to train.
16. Love to learn.

17. Voracious appetite for knowledge.
18. Increased prosperity and success.
19. Happier.
20. Moving up the levels of existence to maintaining a high Green Zone existence and occasionally entering the Golden Magic Zone.

*"Vast quantities of free and positive
life-force particles give you the power to know
and create the futures you truly want."*

Alan C. Walter

CHAPTER NINETEEN

THE SELF-EVIDENT PHENOMENA OF VAST QUANTITIES OF FREE AND POSITIVE LIFE-FORCE PARTICLES

As vast quantities of positive life-force particles are set free, you will also experience a huge leap in your ability to study and comprehend.

Life will become easier and easier and your investments into the future will begin to return huge dividends.

You will enter into an insatiable desire to acquire knowledge and help people.

Your self-worth, self-esteem, and self-respect soar.

You begin to experience being at cause over time, space, and energy.

You have entered the Golden Magic Zone.

A few of the Golden Magic Zone's manifestations are:

1. Vast quantities of free and positive life-force particles.
2. Vast willingness to be responsible.

3. Vast willingness to own.
4. Vast willingness to be in control.
5. Exciting, certain futures.
6. Maximum rightness.
7. Incapable of error.
8. Vast influence.
9. Operating at a level of knowingness.
10. Total permeation.
11. Fully telepathic.
12. Totally competent.
13. Incredibly lucky.
14. Powerful, with compassion.
15. Able to take and maintain a powerful position.
16. Able to take and maintain an influence on society.
17. Very creative.
18. Strong, superb leadership potential.
19. Super-star.
20. Peak performer.
21. Hugely successful.
22. Hugely prosperous.

23. Immensely happy.
24. Has unlimited space.
25. Has unlimited time.
26. Has unlimited motion.
27. Has unlimited tolerance of velocity.
28. Instantaneous acquisition of knowledge.
29. Insatiable desire for study.
30. Insatiable desire for learning.
31. Insatiable desire for knowledge.
32. Insatiable desire to maintain excellence.
33. Insatiable desire to maintain highest standards.
34. Insatiable desire to maintain highest ideals.
35. Insatiable desire to maintain highest principles.
36. Insatiable desire to maintain truth.
37. Insatiable desire to maintain honesty.
38. Insatiable desire to maintain connection and closeness to God.

"A new game and a new team of players have arrived on planet Earth and they will take man higher than he has ever been."

Alan C. Walter

CHAPTER TWENTY

THE VITAL SKILL OF LIFE

The ability to unlock trapped life-force particles is the most vital executive, teaching, coaching, managing, or leadership skill.

Executives, teachers, coaches, managers, or leaders who cannot unlock trapped life-force particles are a liability to their organizations, families, students, staffs, and friends.

Moreover, your choice of people has a direct effect on your success, prosperity, and happiness.

If you are compulsively attracted to Red Zone people, you will attract them and build a Red Zone life and business.

Low-level Red and Yellow Zone people are obsessively attracted to Green and Golden Magic Zone people and will lie and cheat in order to be part of the higher zone level life.

This pulls the Golden Magic and Green Zone people back down into the Yellow and Red Zones.

The more positive life-force particles you have available, the better you choose your people.

All the people you choose should have the awareness and ability to observe, handle, and recover lost or trapped life-force particles.

Imagine the incredible power and wealth of a company that is totally peopled by positive life-force particle recovery facilitators and their products!

A key factor in a highly competent **leader** is the ability to unlock trapped life-force particles in their organization and its key executives.

A highly competent **executive's** key ability is to be able to unlock the life-force particles of their leaders and their teams, thus increasing their effectiveness and harmony.

A teacher, coach, or manager must always be able to unlock the life-force particles of their students, players, and teams, thus upgrading their performance and unity.

An education system that does not continuously unlock life-force particles and increase performance and unity causes the student to quit studying and degrades the community and the country.

An education system that unlocks life-force particles has students who are voracious for knowledge and who love to study, which upgrades the community and the country.

A new future is dawning. A new skilled being is emerging.

Remember, a positive life-force particle has the exact same value as an ounce of gold.

Your positive life-force particles are your basic wealth units; don't waste them.

Poor investment of positive life-force particles shows up in poorly run lives, poor rewards and disastrous relationships.

The quantity of available positive life-force particles monitors the quality and quantity of your income.

It also determines your pleasures, your wins, your standing, and the levels of success, prosperity, and happiness you have throughout your life.

"When a being loses vast quantities of life-force particles, he can no longer maintain his truth, honor, high ideals, high standards, and high principles. He will create "a case" to falsely explain 'why'."

Alan C. Walter

CHAPTER TWENTY-ONE

WHY YOU HAVE A CASE

The simple fact is, a case is what you use to make excuses for violating high ideals, high standards, and high principles.

It is your rationalization of your failure to maintain the highest levels of excellence, mastery, and doing the greatest good for the greatest number.

It is your justification for distractions, tying up life-force particles, and denial of past failures to maintain truth and committing untruths (incorrect perceptions and handling of who, what, where, whens, hows, whys, and moods).

Definitions:

IDEAL: *n.* 1. A conception of something in its absolute perfection. 2. One that is regarded as a standard or model of perfection or excellence. 3. An ultimate object of endeavor; goal. 4. An honorable or worthy principle or aim.

(American Heritage Dictionary)

STANDARD: *n.* 5a. A degree or level of requirement, excellence, or attainment. b. Often **standards**. A requirement of moral conduct: *maintains his high standards in all his dealings.*

(American Heritage Dictionary)

PRINCIPLE: *n.* 1. A basic truth, law, or assumption. 2a. A rule or standard, especially of good behavior: *a man of principle*. b. Moral or ethical judgments collectively: *a decision based on principle rather than expediency*.

(American Heritage Dictionary)

High ideals, high standards, and high principles always include the highest levels of excellence, mastery, and doing the greatest good for the greatest number.

It appears that nothing is more painful to you than failure to maintain the truth or to violate your high ideals, high standards, and high principles; to be untrue.

Being untrue violates and breaks your basic integrity, your maintenance of high ideals, standards, and principles. It makes you wrong.

In order to maintain your high ideals, high standards, and high principles, you enter into a method of denying and making excuses for your wrongnesses and untruths.

It is that method of making and maintaining those excuses and denials that tie up life-force particles and creates a case.

A case is built upon an altered version of the actual event, time, or space that fixed in place solid creations, visions, and pictures.

That which fixes and solidifies the altered creations, altered visions, and altered pictures is **always a lie**. The lie is then denied.

This denial causes the lie to be an unknown and the life-force particles to become trapped. Now you and your life-force particles are under the control of an unknown.

By fixing in place an incident, or enemy, or something to be the effect of, you can distract yourself and pretend the fixation is causing your problem or situation.

Which of course is now so because you **intended** it to be so.

A case condition is always a diversion or distraction or avoidance of a violation of the truth that traps life-force particles.

A case condition is any entrapment of life-force particles in a non-optimum situation, belief system, upset, problem, kept, harmful act, illiteracies, denial of cause, unluckiness, depression, hopelessness, illness, tiredness, loss incidents, accidents, disasters, blankness, stupidity, abandonment, being a victim, poverty, trauma, broken heart, low mood level, failure, mistake, bankruptcy, fight, hate, fear, or any Red Zone level of existence.

These case conditions all are avoidances. They are lies, distractions, gross untruths.

They are deliberate, knowing attempts to avoid being found out.

They are life action justifications and rationalizations to explain away any failure to exercise your maintenance of high ideals, high standards, and/or high principles.

Each time you lie or deny, you take away life-force particles and trap them in unusable, trapped, counter, opposed-to-you, case conditions.

In your attempt to deny responsibility and ownership, or that you were in control of something that didn't go Green Zone and maintain your high ideals, high standards, and high principles, you have strangled yourself.

You have built a countering, opposing, dis-empowering, self-degrading mechanism called a case.

You gave away your power by trying to avoid, deny, and lie about what happened, and what cause you had in the happening that violated your high ideals, high standards, and high principles.

You are getting what you are getting because you are doing what you are doing.

You created your case as an excuse and justification for the damage you have done to others that violated the maintenance of your high ideals, high standards, and high principles.

Only you know what is in your case, why you trapped those life-force particles, why you kept them entrapped, and what it explains, excuses, justifies, and rationalizes.

Only you have the answer to how you can unlock your case and release your trapped life-force particles.

Only you can reverse the decline that you created by denying responsibility, ownership, and control of your past, present, and future actions and positions.

You are responsible for yourself, your case, and your life and for doing the greatest good for the greatest number.

EMPOWER YOURSELF!

Commit to going back, unlocking your case conditions, and freeing your locked up life-force particles.

You need free positive life-force particles to create Green Zone futures, to recover your high ideals, high standards, and high principles, and to do the greatest good for the greatest number.

Commit to recovering yourself, not by word but by deeds.

Get Life-Force Particle Recovery processing and get trained. Get all those you care for to get Life-Force Particle Recovery processing and get trained.

Get all your friends to recover their life-force particles, high ideals, high standards, and high principles, and you will begin to do the greatest good for the greatest number.

If you **don't** care for your friends, your family, and the human race, do nothing and add to your case and degradation of self for eternity.

Chances are you are in the wrong game, playing with the wrong people, producing a wrong or meaningless product.

That, too, is an avoidance and a method of denial.

Only the truth can set you free. That also means truth of action (being in the exact and precise correct position, with the exact and precise correct who, what, whys, wheres, whens, hows, and high mood level, producing the exact and precise products that will do the greatest good for the greatest number).

Empower the truth -- put truth into your actions.

Empower your high ideals; empower your high standards; empower your high principles; empower your greater goodness, and you will recover vast amounts of life-force particles.

*"False memories create distance from others.
Truth causes closeness to others.
Love is total closeness."*

Alan C. Walter

CHAPTER TWENTY-TWO

FALSE MEMORIES

The most deadly thing a person can do is allow someone to manufacture and maintain false memories.

That is the reason we do not allow our facilitators to tell a client what to think about his case in session. Nor do we allow the facilitator to invalidate the client's data.

We must continue to recover life-force particles and help the client sort out his own falseness and wrong answers.

As their false memories and wrong answers are handled, the client will find their own truths and recover vast quantities of life-force particles.

The worst facilitators are those who have preconceived ideas as to what is wrong with a client.

WHY THE CYCLE OF PROCESSING WORKS!

A case, to be a case, is a composite of falsenesses and trapped life-force particles.

Cause Indicators can only be present when truth and honesty are present to unlock the trapped life-force particles and cause a surge of life-force particles to return.

These are the self-evident phenomena of the Green Zone.

Bad or Effect Indicators mean there is a great deal of falseness.

Falseness means the truth is obscured, thus trapping life-force particles. This adds to the mass of the case, which in turn drags the mood level and the levels of existence down.

These are the self-evident phenomena of the Yellow and Red Zones.

Low mood levels, incompetence, reluctances, problems, upsets, poverty, low statistics, low production, bad sessions, bad study habits, lateness, non-arrival, failure, unhappiness, depression, or any non-optimum situation means there is a falseness and a huge loss of life-force particles.

When you uncover the truth and honesty of an area, you allow life-force particles to flow forth and become free to be used to create super futures.

Facilitators and coaches who do not process or coach to recover life-force particles so that each step is taken to Cause Indicators are very destructive indeed.

This leaves the client or student in the belief that they have the truth when in fact they are, at best, at a level of mediocrity and still have their life-force particles trapped.

A Life-Force Particle Recovery process follows the sequence from low Red Zone and progresses upward to the top of the Green Zone.

Descent from the top of the Green Zone, down through the Yellow Zone, and then farther down, into the Red Zone, requires layers of wrong answers and untruths.

These layers of wrong answers and untruths always manifest in vast quantities of entrapped life-force particles, low moods, glum looks, lack of life, and a tendency to have attention on getting even.

These are known as **Effect Indicators**.

A process that is run repetitively acts as a dirt or falseness scraper.

Each command causes the client to observe the area, answer by giving a description of what they perceive (a layer of falseness, or dirt), and be acknowledged, thus:

Facilitator gives a command.

Client's indicators -- Glum.

The command is repeated again.

The client looks and answers (another layer of dirt or falseness is removed).

Acknowledgement.

Client's indicators -- Anger.

The command is again repeated.

The client looks and answers (another layer of dirt or falseness is removed).

Acknowledgement.

Client's indicators -- Apathy.

The command is repeated over and over, each time scraping away and removing layers of dirt or falseness and recovering small amounts of life-force particles.

This continues until the truth appears. The truth always is accompanied by specific exciting phenomena of surges of life-force particles flooding back under the client's control.

The client experiences the sudden resurgence of vastly increased size, power, strength, intelligence, and the recovery of long-lost abilities.

The client's last answer to the repetitive processing command was the truth; all other answers were false beliefs that had obscured the true truth, thus locking away millions of life-force particles.

Great facilitators never end off the Life-Force Particle Recovery process too soon.

They always run the Life-Force Particle Recovery process cycles over and over until all the falseness, wrong answers, and lies are fully inspected and the truth is rediscovered, rehabilitated, and verified by the upsurge of recovered life-force particles and regained control over life.

I have processed and supervised the processing of tens-of-thousands of clients over the past thirty-five years. In that time, I processed only one that had been molested by a parent.

This is not an area of avoidance for me. Several have had sexual encounters with brothers or sisters; several have thought they possibly had been molested by a parent.

But these never produced Cause Indicators or released life-force particles and it was found that they were trying to blame their parents for their condition.

It also was found that those who wanted to blame their parents had an enormous number of harmful acts on them, and numerous kepts.

The truth was that they had betrayed their parents' trust and contribution, not that their parents had betrayed them.

Truth and honesty produce closeness and maintain the freedom of life-force particles, and that increases love.

Falseness and dishonesty produce distance and trapped life-force particles, which decreases love and closeness and can lead to hate and destructiveness and being a victim.

Victims invent false scenarios to explain how they are not at cause.

The victim's viewpoint on life is: "Who can I make wrong and blame for my condition and level of existence?"

That viewpoint is a lie.

And that is why you never see Cause Indicators around victims.

Victims hate people; victims cannot arrive; victims cannot honestly perceive; victims do not deliver what they promise; victims betray trust; victims are false beings.

Falseness can destroy families, businesses, relationships, even countries. But most of all, falseness traps vast quantities of life-force particles.

The decline and fall of great empires and civilizations contain debauchery, orgies, sexual promiscuity, and abuse of drugs and alcohol.

They contain corruption in government, corruption throughout the country, increased taxes (to pay for corrupt government workers and officials who cannot produce a worthwhile exchange).

And, underlying all this is the loss of vast quantities of the civilization's life-force particles.

The reason we do not process someone who has drugs or alcohol in their system is because these chemicals cause false perceptions, feelings, and awareness.

Drugs and alcohol enter tremendous vagaries and have the potential to cause grave case errors and can tie up even more life-force particles.

Lack of sleep also can produce false memories because it lowers the awareness level of a case to such a degree that the client cannot separate truth

from falseness. He feels he must use what few life-force particles still are available to stay alert for danger.

Facilitators and coaches with low quantities of life-force particles and low mood level also can cause major mistakes and falseness because they cannot tolerate Cause Indicators and vast quantities of free life-force particles.

If you are not experiencing big wins, major successes, exciting love affairs and relationships, increased profit, huge abundances, and life becoming much easier, you have major falsenesses impeding, tying up, and trapping your life-force particles in the past.

This is destroying your ability to create wonderful super futures.

The product of Life-Force Particle Recovery processing and training is to produce freed up positive life-force particles, thus to be able to duplicate and permeate truth, honesty, and knowledge.

To do this, you must eliminate falseness, dishonesty, and ignorance and recover trapped life-force particles.

Ignorance is a composite of false memories.

Falseness is a composite of false memories.

Your case is a composite of false memories that have taken away your power, wealth, and happiness by trapping positive life-force particles.

Be ever alert for falseness and replace it with truth and you will always have vast quantities of positive life-force particles under your control.

Life will be fun. You will be a very valuable person.

You will be the best friend anyone can have, as you will help others to recover their long-lost positive life-force particles.

"By taking and maintaining a powerful position in life, you help those around you to be more powerful in their positions."

Alan C. Walter

CHAPTER TWENTY-THREE

MAINTAINING OWNERSHIP, RESPONSIBILITY AND CONTROL OF YOUR LIFE-FORCE PARTICLES

The fact that so many people do not know that life-force particles exist is in itself an indictment of our culture's denial of power, wealth, and the pursuit of happiness for yourself and others.

Those who go around blaming everyone else for their condition are actually running a process of assigning away their power and wealth by assigning their life-force particles and their cause over life to someone else.

This is a failure to own, be responsible for, and maintain control over one's life-force particles.

Bad things happen to people. There are people who will rape, murder, and torture children and adults.

You may ask yourself what responsibility, what ownership, what control or cause did those children and adults have in the situation?

It may be only that they were in the wrong place at the wrong time. The reason for that is, they had so few free life-force particles that they were prone to have bad things happen to them.

The unlocking of life-force particles has nothing to do with who's right or who's wrong, who's good or who's bad, who's intelligent or who's stupid. It does not matter whether you are a super-star or a skid row bum.

There is only one way to unlock life-force particles, and that is to locate the exact truth and **only** the exact truth.

The fewer available life-force particles, the less there is of truth and honesty.

The fewer available life-force particles, the more likely you are to make mistakes and tie up even more life-force particles.

As you read this book you will experience the recovery of an enormous quantity of life-force particles.

Past incidents will flash to mind. Those incidents are moments of trapped life-force particles involuntarily recreating the past.

Allow yourself to experience and own those incidents; be willing to re-experience the feelings and sensations of that time.

The life-force particles trapped in those past incidents will release and you will feel a surge of power and life.

Just finding out about life-force particles will cause an upsurge in power, strength, cleverness, and ability.

You will feel more alive.

Reread this book any time you are feeling down. You will be amazed at the quantity of life-force particles you can recover.

The problem is, you are operating on a Red Zone planet and almost all its inhabitants are subject illiterate on life-force particles and their effects.

Your freed life-force particles will access and activate their trapped life-force particles and they will want to eradicate yours so that they can nullify theirs.

Also as you read this book, the face of someone you know will come to view.

This face belongs to someone who has trapped, or is trapping, a great many of your life-force particles. If this occurs, it is vital that you contact us; this situation needs professional handling.

Another problem that will manifest as you read this book is your own illiteracy and lack of vocabulary.

Whatever you do, **do not go past a word you do not comprehend.** If you are in any doubt as to the meaning of a term or word, go immediately to a dictionary and define the word or words.

Non-comprehended words activate the negative aspects of life-force particles and you can very easily end up hating the material, feeling dispersed, or even completely rejecting the subject of life-force particles.

This book should be read fifty or sixty times.

Each time through, you will gain more ownership, more responsibility, more control over your life-force particles.

As this occurs, some very miraculous and magical events will take place in your life.

You will find yourself ascending the Zones of life; good luck will be the norm; your size of wins will become greater and greater; your prosperity, successes, and happiness will expand greatly.

Life will become fun.

If you run an organization, or are part of a group, make sure everyone has their own copy of this book.

Take note of how each responds to the data. Those who make more of it and have many realizations are worth being friendly toward and working with.

Beware of those who make less of this book and its contents; they also make less of you, your organization, and your customers.

Those who make nothing of the book by ridiculing it or just not reading it are big-time losers and are deadly to have around.

Do not connect with them or invest in them, for they have a vested interest in not releasing life-force particles.

Or worse, they fear anyone who has quantities of positive life-force particles and seek to bring them down.

Never use this book to make people wrong.

Realize that in most cases, the area that has the most trapped life-force particles is also the area that contains the most pain, hurt, heartbreak, rage, conflict, and loss.

The person may well have been trying to suppress some incident for a very long time and here you come along with this book and cause the area to activate. Don't be surprised if the person gets upset with you. It can happen.

Handling people in any manner always has the built-in liability that you can be the one that accesses someone into an incident that contains a huge amount of trapped life-force particles that are encapsulated in pain, grief, hate, fear, conflicts, hurt, heartache, and fixed ideas.

When you trigger these life-force particle traps, the behavior of a person who has very few available life-force particles in the present is taken over and commanded by the thousands of life-force particles trapped in the incident.

The person loses control and you can be the unfortunate target.

It is this phenomenon that makes selling such a tough job.

If you remind the client of someone or something that they have had a life-force particle entrapping experience with, they will attack you.

Your own past trapped life-force particle experiences will be activated and you will walk out of the interview immobilized and unwilling to contact anyone again (**call reluctance**).

With too many of these incidents, you will hate people and hate your job.

Remember, a life-force particle is worth what an ounce of gold is worth.

If you lose your life-force particles, you lose your self-worth.

Just keep reading this book over and over again.

If you drive a lot, you can purchase a copy of the book on Compact Disc and then you can play it over and over while you drive.

Your life-force particles are your vital source of power, wealth and happiness. Don't waste them.

Take ownership, responsibility, and control over them. Fight to keep them.

I look forward to meeting you some day. We can release positive life-force particles on each other and our friends.

I hope this book has helped you. If you want to find out how to free up huge quantities of positive life-force particles and change your life and the lives of all around you for the better, write or phone:

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GLOSSARY

These are eighteen of the most powerful words in Life-Force Particle Recovery technology. To be able to define fully each one will unlock a tremendous number of life-force particles.

TRUTH: *n.* The exact and precise correctness of spirit, knowledge, game, perception, intention, vision, plan, who, what, where, when, why, how, importance, value, mood, responsibility, motion, and action, with accurately predicted consequences, outcomes, and accomplishments.

KNOWLEDGE: *n.* The knowingness and awareness of the interactions and interdependence of the correct, exact, and precise correctness of spirit, game, perception, intention, vision, plan, who, what, where, when, why, how, importance, value, mood, responsibility, motion, and action, with accurately predicted consequences, outcomes, and accomplishments of those interactions and interdependences. It is the correctly evaluated, fully owned result of accurate perception. Knowledge always is demonstrated by application and the degree of competence in the area. Refusal or reluctance to apply, or a lack of application or competence in an area means the area is not fully known.

HONOR (HONESTY): *n.* The correct reciprocation of value and exchange and delivering what is promised with exact and precise correctness of and to spirits, knowledges, games, perceptions, intentions, visions, plans, whos, what, where, when, why, how, importance, value, mood, responsibility, motion, and action, with accurately predicted consequences, outcomes, and accomplishments.

INTELLIGENCE: *n.* The correct evaluations of orders of importance with the exact and precise correctness of spirit, knowledge, game, perception, intention, vision, plan, who, what, where, when, why, how, importance, value, mood, responsibility, motion, and action, with accurately predicted consequences, outcomes, and accomplishments.

HIGH MOOD LEVEL: *adj.* The correct and precise high-velocity actions between the exact and precise correct who, what, where, when, why, how, importance, value, mood, responsibility, motion, and action, with accurately predicted consequences, outcomes, and accomplishments.

PROSPERITY: *n.* The abundances of correct and precise spirits, knowledges, games, perceptions, intentions, visions, plans, whos, whats, wheres, whens, whys, hows, importances, values, moods, responsibilities, motions, and actions, with accurately predicted consequences, outcomes, and accomplishments.

HAPPINESS: *n.* The feeling experienced when in harmony and accord with the correct and precise spirit, knowledge, game, perception, intention, vision, plan, whos, whats, wheres, whens, whys, hows, importances, values, moods, responsibilities, motions, and actions, with accurately predicted consequences, outcomes, and accomplishments.

LOVE: *n.* The degree of closeness, warmth, and at-oneness with the correct and precise spirit, knowledge, game, perception, intention, vision, plan, whos, whats, wheres, whens, whys, hows, importances, values, moods, responsibilities, motions, and actions, with accurately predicted consequences, outcomes, and accomplishments.

ETHICS: *n.* The greatest optimization of and the greatest good for the greatest number of correct and precise spirit, knowledge, game, perception, intention, vision, plan, whos, whats, wheres, whens, whys, hows, importances, values, moods, responsibilities, motions, and actions, with accurately predicted consequences, outcomes, and accomplishments.

The more truth you have, the more abundant and higher quality is your knowledge, honor, intelligence, mood level, prosperity, happiness, love, and ethics.

UNTRUTH (LYING): *n.* The unknowingness of, or false and incorrect spirit, knowledge, game, perception, vision, plan, who, what, where, when, why, how, importance, value, mood, responsibility, motion, action, and inaccurately predicted consequences, outcomes, and accomplishments.

IGNORANCE: *n.* The unknowingness and unawareness of the interactions and interdependence of the correct and exact and precise correctness of spirit, game, perception, intention, vision, plan, who, what, where, when, why, how, importance, value, mood, responsibility, motion, and action, with inaccurately predicted consequences, outcomes, and accomplishments of those interactions and interdependences. It is the incorrectly evaluated, not fully owned result of inaccurate perception. Ignorance always is demonstrated by inability to apply

and the degree of incompetence in the area. Refusal or reluctance to apply, or a lack of application or competence in an area means the area is not fully known.

DISHONOR (Criminality): *n.* The unknowingness of, or failure to seek or maintain the correct and precise reciprocation of value and exchange and the failure to deliver what was promised to the spirit, knowledge, game, perception, vision, plan, what, where, when, why, how, importance, value, mood, responsibility, motion, and action, with inaccurately predicted consequences, outcomes, and accomplishments. (A criminal is one who reciprocates an exchange of pain or loss, or nothing, for something of value.)

STUPIDITY: *n.* The unknowingness of the correct and precise spirit, knowledge, game, perception, vision, plan, what, where, when, why, how, importance, value, mood, responsibility, motion, and action, with inaccurately predicted consequences, outcomes, and accomplishments.

LOW MOOD LEVELS: *adj.* The unknowingness of, or uncertainty of velocity plus the uncertainty of direction caused by too many incorrect and imprecise plans, whos, whats, wheres, whens, whys, hows, importances, values, moods, responsibilities, motions, and actions, with inaccurately predicted consequences, outcomes, and accomplishments.

POVERTY: *n.* The unknowingness of, or the immobilizing, losing, degraded or disastrous outcome of too many bad investments of time, effort, money, or life-force particles into incorrect and untrustworthy whos, whats, wheres, whens, whys, hows, importances, values, moods, responsibilities, motions, actions, accurately predicted consequences, outcomes, and accomplishments, leaving you with a total scarcity or absence of whos, whats, wheres, whens, whys, hows, importances, values, moods, responsibilities, motions, and actions, with inaccurately predicted consequences, outcomes, and accomplishments.

UNHAPPINESS: *n.* The feeling experienced when out of harmony and accord with the correct and precise spirit, knowledge, game, perception, intention, vision, plan, whos, whats, wheres, whens, whys, hows, importances, values, moods, responsibilities, motions, and actions, with inaccurately predicted consequences, outcomes, and accomplishments.

HATE: *n.* The degree of distance from an area; coldness, and opposition to the correct and precise spirit, knowledge, games, perceptions, intentions, visions,

plans, whos, whats, wheres, whens, whys, hows, importances, values, moods, responsibilities, motions, and actions, with inaccurately predicted consequences, outcomes, and accomplishments.

OUT-ETHICS: *n.* The unknowingness of, or less or no optimization of, or less or no good or harm for the greatest number of correct and precise spirit, knowledge, games, perceptions, intentions, visions, plans, whos, whats, wheres, whens, whys, hows, importances, values, moods, responsibilities, motions, and actions, with inaccurately predicted consequences, outcomes, and accomplishments.

Other Books By Alan C. Walter:

The Secrets to Increasing Your Power, Wealth and Happiness
 The Zones of Life (Volumes I & II)
 Gods in Disguise.
 The Sequences
 Who or What is Man? Who or What are You?
 The Paradigm Matrix and its Effects on Future Prosperity and Human Events
 Creating Your New Futures Holistic Workbook
 Dictionary Of Knowledgism
 Knowledgism - The Laws Of Life
 Ethics, Intelligence, Discipline
 Paradigm Maps
 How to Upgrade Your Life and Relationships
 Introduction to Processing

Series Booklets:

The Clean Slate Series
 The Responsibility Series
 The 21st Century New Public Series
 The By-Passed Charge Series
 The Key Fundamentals to Building a Practice
 The Better Business Series (new printing; some updating)
 The Public Education Series
 The Policy Series
 The Executive Leadership Series
 The Processing Basics Series
 The Basic Processing Series
 The Technical Series
 The Zones Series

For Anyone who has had an Ascension Experience:

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